FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	OVAL						
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								<i>'</i>				,										
1. Name ar Wall D	IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]											5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner									
(Last)	(Fi	3. [3. Date of Earliest Transaction (Month/Day/Year)										X Officer (give title below) Regional M			Other (s below) nager	specify					
521 WES	ST 57TH ST	FREET	02/	02/23/2006										ŭ ŭ								
(Street) NEW YORK 10019							4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
					-									Form filed by More than One Reporting Person								
(City)	(S1	tate)	(Zip)																			
		Tab	le I - Nor	-Deriv	ative/	Sec	curiti	es Ac	quire	d, D	isp	osed (of, or B	ene	ficial	ly Owne	d					
1. Title of Security (Instr. 3) 2. Transar Date (Month/Da						ar) i	A. Deemed execution Date, fany Month/Day/Year)		` C₀	Transaction Dispo			urities Acquired (A) sed Of (D) (Instr. 3, 4			Benefic Owned	es ially Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Со	de V	/	Amount	(A) (D)	or	Price	Transa	Reported Transaction(s) (Instr. 3 and 4)			(31 4)					
Common	Stock	3/200	′2006			N	1		369	9 A		\$0	369			D						
		Т	able II - I (, or Be			Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	oate, Transa Code (of E		Expirat	Date Exercisable a xpiration Date lonth/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Exp Dat	oiration e	Title	or Nu of	ımber							
Restricted Stock Units	\$0 ⁽¹⁾	02/23/2006			М			369	02/23/2	2006	02/	23/2006	Common	3	369	\$0	0		D			

Explanation of Responses:

1. The restricted stock units convert to Common Stock on a one-for-one basis.

Remarks:

Dennis Meany

02/27/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.