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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this hav if no langer subject to
	Check this box if no longer subject to
1	Section 16. Form 4 or Form 5
	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB Number:	3235-0287						
Estimated average	hurden						

Estimated average burden hours per response:	0.5
Tiours per response.	0.5

1. Name and Addres	s of Reporting Persor	1	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
			FRAGRANCES INC [IFF]	X	Director	10% Owner		
(Last)	(First)	(Middle)			Officer (give title below)	Other (specify below)		
INTERNATION INC.	AL FLAVORS & 1	FRAGRANCES	3. Date of Earliest Transaction (Month/Day/Year) 11/14/2003					
521 WEST 57TH STREET			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	Check Applicable			
(Street)				X	Form filed by One Report	ing Person		
NEW YORK NY 10019					Form filed by More than One Reporting Person			
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	y Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired		of Derivative Securities Acquired		Expiration Date e (Month/Day/Year) s		Expiration Date tive (Month/Day/Year) ties		7. Title and Amount of Securities Underlying Derivative Security		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	10. Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Security					of (D	osed) r. 3, 4									(Instr. 3 ai	,		Following Reported Transaction(s) (Instr. 4)	(I) (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares										
Stock Equivalent Units	(1)	11/14/2003	11/17/2003	A		473		(2)	(2)	Common Stock	473	\$31.73	3,269	D							

Explanation of Responses:

1. Stock Units ("Units") convert to Common Stock on a one-for-one basis.

2. Units under the Company's deferred compensation plan resulting from deferral of compensable stock grant. The Units are payable in Common Stock upon retirement or other termination of directorship.

Dennis M. Meany, Attorney-in	<u>l-</u> 11/17/2002
fact	<u>11/1//2003</u>
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.