FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL						
OMB Number: 3235-0287						
Estimated average burden						
hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Ferraro John Francis				1	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]									all application	able)	g Pers	on(s) to Iss	vner
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/05/2021									Officer (give title below)		Other (s below)		specify
(Street) NEW Y(			10019 (Zip)		If Amendment, Date of Original Filed (Month/Day/Year)     Control of Check Applicable (Month/Day/Year)     Control of Check Applic								n					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Tran				2. Transacti	action 2A. Deemed Execution Date,		3. Transac Code (li	3. 4. Securities Acquired (A) Transaction Disposed Of (D) (Instr. 3, 4				or 5. Amou		s For ally (D) ollowing (I) (	Form (D) or	rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
					Code V Amount (A) or (D)					Price	:	Transacti (Instr. 3 a	on(s)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code	saction (Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		D S (I	3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction	i ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
				Code	· V	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or (Instr. 4) Number of Shares				J(3)		
Restricted Stock Units	(1)	05/05/2021		A		1,089 <sup>(2)</sup>		05/05/202	22	05/05/2022	Common Stock	1,089	9	\$0.0000	1,089		D	

## **Explanation of Responses:**

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Represent RSUs granted under the Non-Employee Director Compensation Program.

/s/ Nanci Prado, attorney in fact 05/10/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.