FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	D.C. 20549
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

l	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burde	en								
	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>DUNSDON JAMES H</u>														Director			Owner	
(Last) (First) (Middle)						FRAGRANCES INC [IFF]								2	C Office below	r (give title)	Other below	(specify
(Last)	`	,	` '		2 Data of Faylingt Transportion (Month/Day/Voor)								1	Vice President				
INTERNATIONAL FLAVORS & FRAGRANCES INC.				3. Date of Earliest Transaction (Month/Day/Year) 08/15/2003														
521 WEST 57TH STREET					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street)															Line) X Form filed by One Reporting Person			
NEW YO	ORK N	Y	10019												Form	filed by More	than One Rep	
-														1	Perso	n		
(City)	(S	tate) ((Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 4. Securities Acquired (A) or										6. Ownership	7. Nature							
Date (Month/D					ay/Year) if		Execution Date if any (Month/Day/Yea		Code (I				4 and		cially (D) Following (I) (Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership	
									Code	v	Amount	Amount (A) or (D)		Price	Reporte Transac (Instr. 3	tion(s)		(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
									, option									
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 2. Conversion Date (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year)		Co	Transaction of Code (Instr. Secu Acqu (A) o Disp of (D (Instr. Instrumental Code Code Code Code Code Code Code Code			rative rities ired rosed)				7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		ırity	8. Price of Derivative Security (Instr. 5)	9. Number o derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershij Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Co	ode \	v	(A)		Date Exercisable		opiration	Title	Amo or Num of Sha	nber				
Stock Equivalent Unit	(1)	08/14/2003	08/15/2003	3	A		153		(2)		(2)	Commor Stock	15	53	\$30.37	5,347	D	

Explanation of Responses:

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 31 of the acquired Units are subject to vesting based on employment through December 31, 2004.

<u>Jodie Simon, Attorney-in-fact</u> 08/15/2003

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.