### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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OMB APPROVAL											
OMB Number:		3235-028									
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Estimated average burden hours per response: 0.5

# Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  AMEN ROBERT M				2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner							
(Last) (First) (Middle) 521 WEST 57TH STREET			3. Date of Earliest Transaction (Month/Day/Year) 07/12/2007									X	X Officer (give title Other (specify below)  Chairman & CEO						
(Street) NEW YO			10019		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Ind Line)	Form	r Joint/Group Filing (Check Applicable  n filed by One Reporting Person  n filed by More than One Reporting on					
(City)	(City) (State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				Execution Date,			Code (Instr.   5)		str. 3, 4	, 4 and Securi Benef Owner Repor		ties For cially (D) I Following (I) (I		Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Code V Amount (A) or (D)		Pri	ice	Transac (Instr. 3	saction(s) : 3 and 4)										
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  Security  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)			ate, T	4. Transaction Code (Instr. 8)		n of l		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		D S (I	Price of erivative ecurity 1str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	/ C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				c	ode	v	(A)	(D)	Date Exercisable	Ex Da	piration te	Title	Amou or Numb of Share	er					
Stock Equivalent Unit	\$0 <sup>(1)</sup>	07/12/2007	07/13/200	)7	A		184		(2)		(2)	Common Stock	184		\$0	4,091		D	

### **Explanation of Responses:**

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 37 of the acquired Units are subject to vesting based on employment through December 31, 2008.

#### Remarks:

By: Jodie Simon Friedman, attorney in fact

\*\* Signature of Reporting Person

07/13/2007

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.