FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, 5.0. 200-70	OMB APPR	OVAL		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0287		
OTHER OF OTHER DEITE TO THE OWNER OF THE	Estimated average burden			

hours per response:

0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>AMEN ROBERT M</u>						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										cable) or	g Per	rson(s) to Iss	vner
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 11/15/2006										Coffice below	Officer (give title Other (s below) Chairman & CEO			specify
(Street) NEW YORK NY 10019					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(Si		(Zip) le I - Non-I	Derivat	ive S	ecuri	ties A	car	uired. F)isr	nosed (of, or Be	enef	iciall	Perso V Owne				
Date (Month				Month/Day	Execution Date, if any (Month/Day/Year) ve Securities Acqu			_{ear)}	Code (In 8) Code	str.	Amount (A) or Proposed of, or Beneficia		rice	Securiti Benefic Owned Reporte Transac (Instr. 3	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
1. Title of Derivative Conversion Date Courty or Exercise (Month/Day/Year) 3A. Deemed Execution Date, if any			ate, Tra	5. Numl ransaction of ode (Instr. Derivati			6. Date Exercisa Expiration Date (Month/Day/Year			ole and	Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		rity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
Stock Equivalent Unit	\$0 ⁽¹⁾	11/15/2006	11/16/2006	6 A		(A)			(2)	Da		Title Common Stock	Shai		\$46.3	830		D	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 18 of the acquired Units are subject to vesting based on employment through December 31, 2007.

Remarks:

By: Jodie Simon Friedman, attorney in fact

11/16/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.