SEC Form	4
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Restricted

Stock

Units

with IFF

(1)

Explanation of Responses:

## FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-02								
Estimated average burden								
hours per response:	0.5							

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Teles de Mendonca Ana Paula</u> (Last) (First) (Middle) 521 WEST 57TH STD FET						2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &amp;</u> <u>FRAGRANCES INC</u> [ IFF ]     3. Date of Earliest Transaction (Month/Day/Year)     05/01/2024						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specif below) President, Scent				
521 WEST 57TH STREET					4. If Amendment, Date of Original Filed (Month/Day/Year)				Line	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)       (State)       (Zip)         Rule 10b5-1(c) Transaction Indication         Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.         Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					2A. Deemed Execution Date if any (Month/Day/Yea	ar) Code (Instr. 8)	Dispose 5)	ecurities Acquired (A posed Of (D) (Instr. 3, punt (A) or P			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							uired, Dispo s, options, c		f, or B	enefi		(Instr. 3	and 4)			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr 8)		Expiration Date (Month/Day/Year)		d 7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		curity		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly li	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

/s/ Jennifer Johnson, attorney

\$0.0000

Amount or Number

Shares

4,762

of

6,884

D

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.

05/01/2024

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

and 5)

(A)

4,762

ν

Code

Α

Date

(2)

2. RSUs vest in three equal tranches with respect to 1,587 shares of Common Stock on each of May 1, 2025, May 1, 2026 and 1,588 shares of Common Stock on May 1, 2027, subject to continued employment

(D) Exercis Expiration

(2)

Title

in fact

Commo

Stock

Date

05/03/2024