FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) below)			I	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &								(Check all applicable) X Director 10% Owner							
(Street) NEW YORK NY 10019 (City) (State) (Zip) Line) X Form filed by More than One Reporting Person Form filed by More than One Reporting Person Form filed by More than One Reporting Person 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. A Deemed Execuriton Date, if any (Month/Day/Year) 3. A Deemed Execurity (Instr. 4) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and B) 5. Amount of Securities (Month/Day/Year) 5. Amount of Beneficially (Instr. 4) 5. Amount of Securities (Month/Day/Year) 6. Ownership Form: Direct (Instr. 4) 6. Ownership Securities (Month/Day/Year) 7. Title of Securities (Month/Day/Year) 7. Title of Securities (Month/Day/Year) 8. Price of Code (Instr. 5) 6. Price of Securities (Month/Day/Year) 6. Date Exercise (Month/Day/Year) 8. Price of Code (Instr. 5) 8. Price of Securities (Instr. 4) 8. Price of Securities (Instr.						05													
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$\frac{1}{10000000000000000000000000000000000$	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Common Stock 05/06/2021 M 255 A \$0(1) 255 D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr. 3) 3. Transaction Date Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. A Deemed Execution Date (Month/Day/Year) 4. Transaction Code (INT. 3, 4 and 5) 5. Number of Derivative Security 6. Date Exercisable and Conversion or Exercise Security (Instr. 3) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 4) 8. Price of derivative Security (Instr. 4) 9. Number of Derivative Security (Instr. 4) 8. Price of derivative Securities (Instr. 4) 9. Number of Derivative Securities (Instr. 4) 10. Ownership Derivative Securities (Instr. 4) 10. Ownership (Instr. 4) 10. Ownership Derivative Securities (Instr. 4) 10. Ownership (Instr. 4) 10. Owne	Date							Execution if any	cution Date, 1y		Transaction Disposed Code (Instr. 5)				Securitie Beneficia Owned F	s Illy ollowing	Form: (D) or	Direct I Indirect I str. 4)	Beneficial Ownership
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(e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise price of Derivative Security 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) 4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 8. Price of Derivative Securities (Instr. 3) 9. Number of derivative Securities (Instr. 4) 10. Ownership Form: (Instr. 4) 10. Ownership Securities (Instr. 4) Restricted Stock Units (2) 05/05/2021 A A 1,089 ⁽³⁾ 05/05/2022 05/05/2022 Common Stock 1,089 so.0000 1,089 D D Restricted (2) 05/05/2021 A (2) 05/05/2021 A 0 05/05/2022 05/05/2022 Common Stock 1,089 so.0000 1,089 D D	Common Stock 05/06					6/202	2021		М		255	255 A		2	255		D		
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Restricted Stock(2)05/05/2021(Comparison(A)(A)(B)Date (D)Date (D)Date Date(A)(A)(A)(A)(A)(A)(A)(A)(A)(A)(A)(A)(A)(B)(A)(B)(A)(A)(A)(B	Derivative Security	Conversion or Exercise Price of Derivative	Date	Execution Date, r) if any		tte, Transaction Code (Instr.		Derivative Securities Acquired (A) or Disposed of (D) (Instr.		Expiration Date			Amount of Securities Underlying Derivative Securi		Derivative Security	derivative Securities Beneficially Owned Following Reported		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
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	Stock	(2)	05/05/2021			A		1,089 ⁽³⁾		05/05/20	22	05/05/2022		1,089	\$0.0000	1,089		D	
Stock Units (2) 05/06/2021 M 255 05/06/2021 05/06/2021 Common Stock 255 \$0.0000 ⁽¹⁾ 0.0000 D	Stock	(2)	05/06/2021			М			255	05/06/20	21	05/06/2021	Common Stock	255	\$0.0000 ⁽¹⁾	0.0000	D	D	

xplanation of Responses

1. Upon the vesting of Restricted Stock Units ("RSUs") on May 6, 2021, the reporting person did not defer the receipt of 255 shares of Common Stock pursuant to IFF's deferred compensation plan.

2. The RSUs convert to Common Stock on a one-for-one basis.

3. Represent RSUs granted under the Non-Employee Director Compensation Program.

/s/ Nanci Prado, attorney in fact 05/07/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.