FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP				

35-0287								
Estimated average burden								
0.								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>TANSKY BURTON M</u>					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								heck all app	icable) or	10%	rson(s) to Issuer	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 01/26/2005								below	r (give title)	Othe belov	r (specify v)	
(Street) NEW YORK 10019				4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(Si		(Zip)		Person												
		Tab	le I - Non-D	Derivati	ive Se	curitie	es Ao	cquired, C	Dispo	osed (of, or Be	eneficia	lly Owne	d			
Date				. Transacti Pate Month/Day	Execution Date,			Code (Instr. 5)					Benefic	es For ially (D) Following (I) (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code				v	Amount	nt (A) or Pr		Tranca	ction(s)		(moun 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Exercise (Month/Day/Year) ice of erivative	3A. Deemed Execution Dat if any (Month/Day/Yo	Coc	nsactior de (Instr.	of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)	
				Cod	de V	(A)	(D)	Date Exercisable	Expi Date	oiration e	Title	Amount or Number of Shares					
Stock Equivalent Unit	\$0 ⁽¹⁾	01/26/2005	01/27/2005	5 A		43		(2)		(2)	Common Stock	43	\$41.06	2,675	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from deferral of meeting fees. The Units are payable in Common Stock upon retirement or other termination of directorship.

Remarks:

Dennis Meany, Power of 01/27/2005 <u>Attorney</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.