FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT O	E CHANGES IN	I RENEFICIAL	OWNERSHIP
STATEMENT	T CHANGES IN	DENEFICIAL	CAMINE VOLIE

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average by	urden							
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Hu Gaoxiang			<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							(Che	ck all application			10% Ov	ner		
(Last) 521 WES	(F ST 57TH S	*	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/01/2024								below)	give title		Other (s below)	pecify
(Street) NEW YO	ORK N	Y	10019		4.1	If Amendment, Date of Original Filed (Month/Day/Year)					Line	ndividual or Joint/Group Filing (Check Applicable X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)		R	Rule 10b5-1(c) Transaction Indication												
	Check this box to indicate that a transaction was made pursuant to the affirmative defense conditions of Rule 10b5-1(c). See Instruction																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Trans: Date (Month/L				2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		d (A) or r. 3, 4 and	5. Amour Securities Beneficia Owned F	s Form ally (D) or ollowing (I) (In		: Direct I r Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership					
									v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	on(s)			(Instr. 4)	
Common	Stock												434			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	ate,		ansaction Derivative Securities		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	e s Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares	(Instr. 4		on(s)			
Restricted Stock Units	(1)	05/01/2024			A		1,875 ⁽²⁾		05/01/20	25	05/01/2025	Common Stock	1,875	\$0.0000 1,8		5	D	

Explanation of Responses:

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Represent RSUs granted under the Non-Employee Director Compensation Program.

/s/ Jennifer Johnson, attorney in fact 05/03/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.