FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	OVAL						
	OMB Number:	3235-0362						
l	Estimated average burden							
l	hours per response:	1.0						

Form 3 Holdings Reported

Instruction 1(b)

Form 4	Transactions	Reported.	Fil	ed pursuant t or Sectio					ırities Excha Company Ac										
1. Name ar	INTER	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								ck all appli Directo	tionship of Reporting Pers all applicable) Director			10% Owner					
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2006						⁄ear)		Officer (give title below)			Other (specify below)		cify	
(Street) NEW YORK NY 10019 (City) (State) (Zip)				4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date [[(Month/Day/Year) i				if any	Execution Date, if any			4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)			or Dispose	5. Amou Securitie Beneficie Owned a		s Own			Indirect Benefic	Nature of direct eneficial vnership	
				(MOIIII/Day)	rear	8)	,	Amou	ınt	(A) or (D) Price			Issuer's F Year (Inst 4)	Fiscal Ìndire			(Instr. 4		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Owners Form: Direct (I or Indire (I) (Instr	hip of Be D) Ovect (Ir	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	er							
Stock Equivalent	\$0 ⁽¹⁾	12/31/2006		A	64 ⁽²⁾		(3)		(3)	Commo	n 64		\$0	4,12	21	D			

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units acquired upon reinvestment of dividends accrued on units under the Company's deferred compensation plan during 2006. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11.
- 3. The Units are payable in Common Stock upon retirement or other termination of directorship.

Remarks:

By: Dennis Meany, attorney in

** Signature of Reporting Person

<u>fact</u>

01/30/2007

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.