SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934 (AMENDMENT NO. 17)*

- - -

,					
International Flavors & Fragrances Inc.					
(NAME OF ISSUER)					
Common Stock \$.12-1/2 par value					
(TITLE OF CLASS OF SECURITIES)					
459506 10 1					
(CUSIP NUMBER)					
Check the following box if a fee is being paid with the statement / /. (A fee is not required only if the filing person: (1) has a previous statement on file reporting beneficial ownership of more than five percent of the class of securities described in Item 1; and (2) has filed no amendment subsequent thereto reporting beneficial ownership of five percent or less of such class.) (See Rule 13d-7.)					
*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.					
The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).					
(Continued on following page(s))					
Page 1 of 4 Pages					
CUSIP No. 459506 10 1 13G PAGE 2 OF 4 PAGES					
1 NAME OF REPORTING PERSON S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON					
Hedwig van Ameringen					
2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) / /					
(a) / / (b) /x/					
3 SEC USE ONLY					
4 CITIZENSHIP OR PLACE OF ORGANIZATION					
U.S.A.					
5 SOLE VOTING POWER					
NUMBER OF					
SHARES 678,633 BENEFICIALLY 6 SHARED VOTING POWER					
OWNED BY					
8,563,797 EACH					
-					

REPORTING 7 SOLE DISPOSITIVE POWER

	WITH	8	SHARED DISPOSITIVE POWER		
			8,563,797		
9	AGGREGA	ATE AMOUNT E	ENEFICIALLY OWNED BY EACH REPORTING P	ERSON	
	9,242,4	130			
10	0 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES // CERTAIN SHARES*				
 11	PERCENT	OF CLASS RE	PRESENTED BY AMOUNT IN ROW (9)		
	8.3%				
12	TYPE OF REPORTING PERSON*				
	IN				
*SEE INSTRUCTIONS BEFORE FILLING OUT!					

678,633

PERSON

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Schedule 13 G

Under the Securities Exchange Act of 1934

Check the following box if a fee is being paid with this statement. \slash

Item 1 (a) Name of Issurer:

International Flavors & Fragrances Inc.

Item 1 (b) Address of Issuer's Principal

Executive Offices:

521 West 57th Street New York, New York 10019

Item 2 (a) Name of Person Filing:

Hedwig van Ameringen

Item 2 (b) Address of principal business office or, if none, residence:

509 Madison Avenue New York, New York 10022

Item 2 (c) Citizenship:

U.S.A.

Item 2 (d) Title of Class of Securities:

Common Stock \$.12-1/2 par value

Item 2 (e) CUSIP Number: ------459506 10 1

Item 3 If this statement is filed pursuant to Rules 13

13 d-1 (b) or 13 d-2 (b) check whether the
person filing is a:

Not applicable

Item 4 Ownership:

(a) Amount Beneficially Owned

9,242,430

(b) Percent of Class

8.3%

(c) Number of shares as to which such person sole power to vote or to direct the vote: (i) 678,633 (ii) shared power to vote or to direct the vote: 8,563,797 (iii) sole power to dispose or to direct the disposition 678,633 shared power to dispose or to direct the (iv) disposition of: 8,563,797 Item 5 Ownership of Five Percent or Less of a Class Not Applicable Item 6 Ownership of More than Five Percent on Behalf of ______ Another Person Persons other than the undersigned have the right to receive dividends from, or the proceeds from the sale of, certain of the securities listed in Item 4. Item 7 Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company -----Not Applicable Item 8 Identification and Classification of Members of the Group Not Applicable Item 9 Notice of Dissolution of Group Not Applicable Item 10 Certification Not Applicable Signature After reasonable inquiry and the best of my knowledge and belief, I certify that the information set forth in the statement is true, complete and correct.

HEDWIG VAN AMERINGEN

- ------

February 9, 1996

Date

Signature

Hedwig van Ameringen -----Name/Title

JH2:L1-L2

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