## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number: 3235-0287 Expires: January 31, 2005 Estimated average burden hours per response. . . . . 0.5

OMB APPROVAL

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility
Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*  Cantalupo James R.  (Last) (First) (Middle)  c/o International Flavors & Fragrances Inc. 521 West 57 <sup>th</sup> Street  (Street)  New York, NY 10019		(Middle)	2. Issuer Name and Ticker or Trading Symbol  International Flavors & Fragrances ("IFF")  3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)		4. Statement for (Month/Day/Year) October 1, 2002  5. If Amendment, Date of Original (Month/Day/Year)	6. R  Offii  Sen  7. It F	Relationship of Reporting Person (Ch  X Director Officer  icer/Other Description ior Vice President and Chief F idividual or Joint/Group Filing (Check Applicable Line) Individual Filing	ck all applicable) _ 10% Owner _ Other (specify below)			
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
	(State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  2. Transaction Date 2A. Deemed 3. Transaction Code 4. Securities Acquired (A) or Disposed (D) of 5. Amount of Securities 8. G. Ownership 7. Nature of Indirect										
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transaction Code and Voluntary Code (Instr. 8)	4. Securities Acquired (A) or Disposed (D) of (Instr. 3, 4, and 5)  Amount   A/D   Price			5. Amount of Securities Beneficially Owned Following Reported Transactions(s) (Instr. 3 and 4)	6. Ownership Form: Direct(D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	10/1/02		A	1,000*	A   n/s	a	2,000	D			

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## Cantalupo James R. - September 30, 20022

## Form 4 (continued)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/ Year)	3A. Deemed Execution Date (Month/Day/ Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed (D) of (Instr. 3,4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and and 4)	8. Price of Derivative Security (Instr.5)		10. Ownership Form of Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr.4)
						I					

Explanation of Responses :

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

/s/ Dennis Meany October 1, 2002 \*\* Signature of Reporting Person Date

Dennis M. Meany Attorney-in-fact

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<sup>\*</sup> Compensatory stock award to non-employee director of IFF.Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly