FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT O	OF CHANGES IN BENEFICIAL							
OWNEDSHID								

OMB APPROVAL										
OMB Number:	3235-0362									
Estimated average burden										
hours per response:	1.0									

Form 3 Holdings Reported.

Instruction 1(b)

Form 4 Transaction	s Reported.	File	ed pursuant to or Section	Section 30(h)	on 16(a of the	a) of the Invest	e Secur ment C	ities Excha ompany Ac	nge Act t of 194	of 1934 O						
1. Name and Address of Reporting Person* HEASLIP STEVEN J				2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							ck all app Dired Offic	ctor er (give title		10% Othe	Owner er (specify	
(Last) (First) (Middle) 521 WEST 57TH STREET				3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2005					Year)	Senior VP Human Resources						
(Street) NEW YORK 10019 (City) (State) (Zip) 4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)			or Dispose	Securiti Benefic		ies Ov		ership n: Direct	7. Nature of Indirect Beneficial Ownership
			(Teal) 0)			Amou	nt	(A) or (D)	A) or Price		Issuer's			ect (I)	(Instr. 4)
Common Stock 12/31/2005				A		1		41	A \$0		5,351 ⁽¹⁾		851 ⁽¹⁾		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3) Conversion or Exercity Price of Derivative Security	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	rative rities ired r osed)	Expir. (Mont	e Exercisable and ation Date th/Day/Year) Expiration isable Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount or Numbro of Title Shares		ınt Der				10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)

Explanation of Responses:

1. Includes 41 shares arising from dividends (in shares) under the IFF Global Employee Stock Purchase Plan during 2005.

Remarks:

Dennis Meany

02/10/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.