FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL												
OMB Number:	3235-0287											
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Vaisman Hernan (Last) (First) (Middle) 521 WEST 57TH STREET							2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 05/08/2007									Relationship of Reporting Person(s) to Issuer Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Group President, Flavors					
(Street) NEW YORK NY 10019 (City) (State) (Zip)							4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of S	Security (Ins	action Day/Yea	Execution Date,			3. 4. Securitic Disposed (Code (Instr. 8)				nd 5)	5. Amount of Securities Beneficially Owned Follo Reported		Form (D) o	n: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
						Code	v	Amount	(A) (D)	Price)	Transaction (Instr. 3 and				(50. 4)					
Common	Stock		3/2007	2007		A		14,600 ⁽¹⁾ A		\$25	5.89	23	23,354		D						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (8)		n of E		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		Di Si (li	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisal		Expiration Date	Title	Amour or Number of Shares	er							
Restricted Stock Units	\$0 ⁽²⁾	05/08/2007			A		1,564		05/08/201	10 0	05/08/2010	Common Stock	1,564	1	\$0	1,564		D			

Explanation of Responses:

- 1. Purchased Restricted Stock, all of which will vest on May 8, 2010.
- 2. The Restricted Stock Units convert to Common Stock on a one-for-one basis. The Restricted Stock Units vest on May 8, 2010.

Remarks:

By: Dennis Meany, attorney in 05/10/2007 fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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