FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL				
	OMB Number:	3235-0287				
	Estimated average burd	en				
l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	2. Issuer Name <b>and</b> Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]										ck all appl Direct	or r (give title		10% Ov Other (s	/ner					
						3. Date of Earliest Transaction (Month/Day/Year) 02/15/2005									Senior VP, GC & Secretary					
(Street) NEW YORK 10019				4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	5. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State) (Zip)															. 5.5511					
		Tab	le I - Non-E	Deriva	tive S	Secu	uritie	s Ac	cquired,	Dis	osed	of, or Be	enefi	cially	Owne	d				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execu			Code (	Transaction Disposed (Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4			5. Amou Securiti Benefic Owned Reporte	ies For cially (D) Following (I) (I		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D)		rice	Transac (Instr. 3	ction(s)			()		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, To Courity or Exercise (Month/Day/Year) if any				ransaction of ode (Instr. Deriva			ative rities ired sed	6. Date Ext Expiration (Month/Dat	Date		7. Title an Amount o Securities Underlyin Derivative (Instr. 3 an	f g Secur	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode V		(A)	(D)	Date Exercisabl		opiration	Title	Amou or Numb of Share	ber						
Stock Equivalent	\$0 <sup>(1)</sup>	02/15/2005	02/16/2005	5	A		37		(2)		(2)	Common Stock	37	7	\$40.91	1,498		D		

## Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 7 of the acquired Units are subject to vesting based on employment through December 31, 2006.

## Remarks:

Dennis M. Meany

02/16/2005

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.