FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549	
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STATEMENT	OF	CHANGES	IN	BENEFICIAL	OWNERSHIP
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OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* DAVIDSON CAROL ANTHONY				<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]							(Ch	elationship of eck all applic X Director	able)	g Pers	on(s) to Issu 10% Ow Other (s	ner	
(Last) 521 WES	(F ST 57TH S	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/01/2024							below)	give the		below)	poony	
(Street) NEW YO	ORK N	Y	10019		- 4. I	If Ame	ndment, D	ate of	Original I	Filed	(Month/Day	y/Year)	Line	X Form fi	led by One	e Repo	(Check Apporting Person	1
(City)	(S	tate)	(Zip)		R	Rule 10b5-1(c) Transaction Indication												
						Check this box to indicate that a transaction was made pursuant to a the affirmative defense conditions of Rule 10b5-1(c). See Instruction												
		Tak	ole I - Non	-Deri	vativ	e Se	curities	Acq	uired,	Disp	osed o	f, or Bei	neficial	y Owned				
1. Title of Security (Instr. 3) 2. Trans: Date (Month/I				2A. Deemed Execution Date, if any (Month/Day/Year		Date,	Transaction Disposed O Code (Instr. 5)			es Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amour Securitie Beneficia Owned F Reported	s illy ollowing	Form (D) or	: Direct I r Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Transacti	Transaction(s) (Instr. 3 and 4)			Instr. 4)	
Common Stock								255 D										
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		e s l (A) sed str.	6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 3 and 4				f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	e s illy	Ownership C Form: E Direct (D) C	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisat		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)		
Restricted Stock Units	(1)	05/01/2024			A		1,875 ⁽²⁾		05/01/202	25	05/01/2025	Common Stock	1,875	\$0.0000	1,875	5	D	

Explanation of Responses:

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Represent RSUs granted under the Non-Employee Director Compensation Program.

/s/ Jennifer Johnson, attorney in 65/03/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.