| | 3235-0287 ourden 0.5 to Issuer % Owner ther (specify flow) icer ck Applicable Person Reporting | |
|---|---|-----------|
| Check the box if no longer subject to obligators may continue. See instruction 1(b). STATENENT OF CHANGES IN DENERFICAL OWNERSHIP obligators may continue. See instruction 1(b). Estimate average hours per respons Filed pursuant to Section 16(a) of the Investment Company Act of 1934 or Section 36(h) of the Investment Company Act of 1934 5. Relationship of Reporting Person* O'Leary Richard (Last) (First) (Middle) 2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 5. Relationship of Reporting Person(Check all applicable) 5. Relationship of Reporting Person(Check all applicable) 521 WEST 57TH STREET 0.01019 3. Date of Earliest Transaction (Month/Day/Year) 6. Individual or Joint/Group Filing (Che Line) KEW YORK NY 10019 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Che Line) 1. Title of Security (Instr. 3) 2. Transaction Date MinDay/Year) 2. Transaction Date MinDay/Year) 3. Accurities Acquired (A) or Date MinDay/Year) 5. Amount of Bereficially Owned Fragored File 5. Amount of Bereficially Owned File 6. Omount of Bere | ourden 0.5 0.5 to Issuer % Owner ther (specify low) icer ck Applicable Person Reporting | |
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| O'Leary Richard INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] (Check all applicable) Difference Security (Instr. 3) (Middle) 521 WEST 57TH STREET 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Individual or Joint/Group Filing (Check below) 5. Individual or Joint/Group Filing (Check below) (Street) NEW YORK NY 10019 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Individual or Joint/Group Filing (Check below) (City) (State) (Zip) 7. Transaction Date (Month/Day/Year) 2. Transaction Date 3. Transaction (Month/Day/Year) 5. Sumber of Date 5. Sumber of Date 5. Sumber of Difference 6. Source 5. Anount of Difference 5. Anount of Date 5. Source | ther (specify slow) icer ek Applicable Person Reporting ip 7. Nature o | |
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| (Street) NEW YORK NY 10019 Line) X Form filed by One Reporting Form filed by More than One Person (City) (State) (Zip) Image: City of the person Some city of the person Some city of the person 1. Title of Security (Instr. 3) 2. Transaction Month/Day/Yeari 2. Transaction Month/Day/Yeari 2. Transaction Person 3. Transaction Some city of the person Some city of the person Some city of the person Some city of the person 1. Title of Security (Instr. 3) 2. Transaction Date 2. Transaction (Month/Day/Yeari 2. Transaction (Month/Day/Yeari 3. Transaction Some city of the person Some city of the person Some city of the person Some city of the person Common Stock Image: Conversion or Exerctive City of the person Image: Conversion of person Some city of the person Some city of the person Some city of the person 1. Title of Derivative Securities Acquired (A) or price Image: Conversion of the person Some city of the person Common Stock Image: Conversion of the person Some city of | Person Reporting | |
| <th a<="" colsected="" is="" td=""><td>Reporting</td></th> | <td>Reporting</td> | Reporting |
| (City) (State) (Zip) Table 1 - Non-Derivative Securities Accuired, Non-Date Securities Accuired (A) or Securities Acquired (A) or Securities Acquired (A) or Securities Securities Acquired (A) or Securities Securities Acquired (A) or Securities Securities Securities Securities Securities Securities Securities (Month/Day/Year) A. Deemed 1. Title of Security (Instr. 3) 2. Transaction Date 2. Transaction Date 3. Transaction 5. Amount of Date 5. Amount of Securities Securities (Month/Day/Year) 5. Amount of Securities Securities (Month/Day/Year) 5. Amount of Code (Instr. 8) 5. Amount of Securities Securities Securities (Month/Day/Year) 5. Amount of Securities Securities Securities (Month/Day/Year) 5. Amount of Securities Securities Securities (Month/Day/Year) 5. Amount of Securities Securities (Month/Day/Year) 5. Amount of Securities Securities (Month/Day/Year) 5. Amount of Securities (Month/Day/Year) 6 | ip 7. Nature o | |
| 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Code (Instr. 3) 4. Securities Acquired (A) or Disposed OF (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Or Indi (D) or Indi | | |
| Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction (Month/Day/Year) Disposed Of (D) (Instr. 3, 4 and 5) Disposed Of (D) (Instr. 3, 4 and 5) Securities (Month, Day/Year) Generation Date (B) or Indi (D) or Indi | | |
| Image: Common Stock Image: Code of the stock V Amount (A) or (D) Price Transaction(s) (Instr. 3 and 4) Common Stock Table II - Derivative Securities Acquired (A, or price of perivative Securities Acquired (A) or pisposed 5. Number of Securities Acquired (A, or price of perivative Securities Acquired (A) or pisposed 6. Date Exercise Acquired (A) or pisposed 7. Title and Amount of Securities Securities Acquired (A) or pisposed 8. Price of Derivative Securities Acquired (A) or pisposed 9. Number of Code (Instr. B) 10. Owned (A) 9. Number of Derivative Securities Acquired (A) or pisposed 10. Owned (A) 9. Number of Derivative Securities Acquired (A) or pisposed 10. Owned (A) 9. Number of Derivative Securities Securities Acquired (A) or pisposed 10. Owned (A) 10. Owned (A) 9. Number of Derivative Securities Securities Acquired (A) 10. Owned (A) 10. Owned (A) 9. Number of Derivative Securities Securities Securitie | | |
| 1. Title of Derivative (Instr. 3) 2. Conversion Price of Derivative 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) 4. Transaction Derivative Becurities 5. Number of Derivative Securities 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities 8. Price of Derivative Securities 9. Number of derivative Securities 10. Coversion Date (Month/Day/Year) | (Instr. 4) | |
| 1. Title of Derivative (Instr. 3) 2. Conversion or Exercise (Instr. 3) 3. Transaction Date (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year) 4. Transaction Derivative Becurities (Month/Day/Year) 5. Number of Derivative Securities Acquired (A) or Disposed 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 5) 8. Price of Derivative Securities Securities 9. Number of Derivative Securities 10. Coversion Securities | | |
| Derivative Security (Instr.3) Conversion Price of Derivative Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Derivative Securities B Expiration Date (Month/Day/Year) Amount of Securities Acquired (A) Derivative Securities Underlying Derivative Securities Underlying Derivative Securities Mount of Securities Derivative Securities Own Securities | | |
| 3, 4 and 5) Reported | ership : t (D) direct str. 4) 11. Natu of Indire Benefici Ownerst (Instr. 4) | |
| Code V (A) (D) Date Exercisable Expiration Date Amount or Number of Shares Transaction(s) (Instr. 4) | | |
| Stock Equivalent Unit (1) 07/30/2020 A 70.37 ⁽²⁾ (3) Common Stock 70.37 \$124.49 5,500.865 | D I | |
| Purchased Restricted Stock Units | D | |
| Purchased Restricted Stock Units(4)< | D | |
| Purchased Restricted Stock Units | D | |
| Restricted Stock Units (5) (5) (5) (5) (5) (7) | о | |

Explanation of Responses:

1. The Stock Equivalent Units ("Units") convert to Common Stock on a one-for-one basis.

2. Reflects units under the Company's deferred compensation plan resulting from deferral of compensation, a company match and a 25% premium contributed by the Company on such Units. In accordance with the plan, the units contributed by the Company are subject to vesting based on continued employment.

3. The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.

4. The Purchased Restricted Stock Units ("PRSUs") convert to Common Stock on a one-for-one basis.

5. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.

/s/ Nanci Prado, attorney in fact 07/30/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.