FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
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	Check this box if no longer subject to							
٦	Section 16. Form 4 or Form 5							
)	obligations may continue. See							
	Instruction 1(b).							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HUETHER JAMES P						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									k all appl Direct Office	icable) or r (give title	g Per	son(s) to Iss 10% Ov Other (s	vner	
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 01/24/2006									X Office (give title Office (specify below) Corporate Controller					
(Street) NEW YORK 10019 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(9)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					ive S	Execution Date, if any (Month/Day/Year			Code (8) Code	v ispo	(A) or		Pri	ce ally C	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)				d 4 Date, T	l. ransa Code (I	ction	5. Number 6		6, Options, conve 6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title an Amount of Securities Underlyin Derivative (Instr. 3 a	d of s g e Securi nd 4)	ty 8. D Si (li	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owner Form: Direct or Indi (I) (Ins	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		cpiration ate	Title	Numb of Share							
Restricted Stock Units	\$0 ⁽¹⁾	01/24/2006			A		810		03/08/2008	03	3/08/2008	Common Stock	810		\$0	810		D		

Explanation of Responses:

1. The Restricted Stock Units were awarded based on the Company ahieving certain performance targets and will vest on March 8, 2008 subject to the reporting person's continued employment with the Company. The Restricted Stock Units, upon vesting, will convert to Common Stock on a one-for-one basis.

Remarks:

Dennis Meany

01/26/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.