FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049

STATEMENT O	F CHANGES IN	I BENEFICIAL	OWNERSHIP

OMB APPRO	OVAL
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hours per response:	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HUETHER JAMES P</u>					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									neck all app Direc	licable) tor	10% Owner		vner	
(Last)	/E	iret)	(Middlo)						11.0		1				X Office below	r (give title v)		Other (s	specify
(Last) (First) (Middle) INTERNATIONAL FLAVORS & FRAGRANCES INC.			3. Date of Earliest Transaction (Month/Day/Year) 12/22/2005										Corporate Controller						
521 WEST 57TH STREET				4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)															- /	filed by One	Reportir	ng Perso	n
NEW YO	ORK N	Y	10019												Form Perso	filed by More	e than O	ne Repo	rting
(City)	(S	tate)	(Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Execution Date			te, Transaction Disposed Of Code (Instr. 5)		rities Acquired (A) or ed Of (D) (Instr. 3, 4 a			Benefic Owned	ies cially Following	6. Owner Form: Di (D) or Inc (I) (Instr.	rect direct 4)	7. Nature of Indirect Beneficial Ownership			
							Code	v	Amoun	mount (A) or (D)		Price	Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	ate, Transac Code (II					6. Date E Expiratio (Month/D	n Dat		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ow For Dire or I (I) (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				c	Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	OI No Of	umber					
Stock Equivalent Unit	(1)	12/22/2005	12/23/20	005	A		44		(2)		(2)	Commo		44	\$33.67	958		D	

Explanation of Responses:

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 9 of the acquired Units are subject to vesting based on employment through December 31, 2006.

/s/ Dennis Meany

12/23/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.