FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Fauchon de Villeplee Christophe</u>					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									(Ch	eck all appli Direct	,		10% Ow	ner	
(Last) 521 WES	(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/03/2023									X Officer (give title Other (specify below) President, Scent					
(Street) NEW Y(IEW YORK NY 10019				4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
					Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Tab	le I - Non-l	Deriva	ative	Sec	uritie	s Ac	quired	, Dis	posed	of, c	r Ber	eficial	ly Owne	d				
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date)				Execution			Date,	Cod	Transaction Disp Code (Instr. 5)		ecurities Acquired (A posed Of (D) (Instr. 3,		d (A) or r. 3, 4 and	Benefic	es ally Following	Form (D) o	n: Direct c r Indirect E sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Cod	v	Amou	nt	(A) or (D)	Price	Transac (Instr. 3	tion(s)		,		
Common Stock															11,065			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\)	ate, T	4. Transaction Code (Instr 8)				6. Date Exercisable at Expiration Date (Month/Day/Year)			d 7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		Security I 4)	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Ily	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	n Title		Amount or Number of Shares						
Restricted Stock Units	(1)	05/03/2023			Α		4,774		(2)		(2)		mmon tock	4,774	\$0.0000	4,774		D		

Explanation of Responses:

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. RSUs vest in three equal tranches with respect to 1,591 shares of Common Stock on each of May 3, 2024, 2025 and 2026, subject to continued employment with IFF.

/s/ Jennifer Johnson, attorney

05/05/2023

in fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.