FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	UMB APPRO
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

1. Name and Address of Reporting Person* <u>DUNSDON JAMES H</u>				<u>IN</u>	2. Issuer Name <b>and</b> Ticker or Trading Symbol  INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]								5. Relationship of Reporting Perso (Check all applicable) Director  Officer (give title			suer vner specify	
(Last) (First) (Middle)													X below		below)	ьреспу 	
(Last) (First) (Middle)  INTERNATIONAL FLAVORS & FRAGRANCES INC.					3. Date of Earliest Transaction (Month/Day/Year) 10/15/2003								Vice President				
521 WEST 57TH STREET				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable				
(Street)													X Form filed by One Reporting Person				
NEW YO	ORK N	<b>Y</b> :	10019						Form filed by More than One Reporting Person								
(City)	(S	tate) (	(Zip)														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date			Fransaction te onth/Day/Ye	Execution Date			Code (Instr. 5)			Benefic Owned	ies F ially (I Following (I	orm: Direct 0) or Indirect 1 (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount	ount (A) or (D)		Reporte Transac (Instr. 3	ction(s)		(Instr. 4)		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date Exe Security or Exercise (Month/Day/Year) if a		3A. Deemed Execution Date if any (Month/Day/Yea	Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable		oiration te	Title	Amount or Number of Shares					
Stock Equivalent Unit	(1)	10/15/2003	10/16/2003	A		150		(2)		(2)	Common Stock	150	\$34.69	5,945	D		

## **Explanation of Responses:**

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 30 of the acquired Units are subject to vesting based on employment through December 31, 2004.

Dennis M. Meany, Attorney-in10/16/2003

<u>fact</u>

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.