SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Address of Reporting Person [*] Bruno Barry A.						2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &</u> <u>FRAGRANCES INC</u> [IFF]								eck all applic X Directo	able) r	Reporting Person(s) to Issuer ible) 10% Owner give title Other (specify		vner	
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/04/2022								below)	(give title		below)	specify	
(Street) NEW YORK NY 10019 (City) (State) (Zip)														6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tal	ble I - Nor	n-Deri	vativ	ve Se	ecurities	s Acq	juired,	Dis	posed of	f, or Ber	eficial	y Owned					
1. Title of Security (Instr. 3) Date (Month/D					Execution Date,			3. 4. Securities Acquired (A) Transaction Disposed Of (D) (Instr. 3, 4 Code (Instr. 5)						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Transact	Transaction(s) (Instr. 3 and 4)		[(Instr. 4)	
Common Stock 05/05					5/202	/2022		М		289	289 A		2	289		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution E if any (Month/Day	Date,	I. Fransaction Code (Instr. 3)		Derivative		6. Date Exercis Expiration Dat (Month/Day/Ye		e	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t (Instr. 4)	
				Code		v	(A)	(D)			Expiration Date	Title	Amount or Number of Shares		(Instr. 4)				
Restricted Stock Units	(2)	05/04/2022			A		1,245 ⁽³⁾		05/04/20	23	05/04/2023	Common Stock	1,245	\$0.0000	1,245		D		
Restricted Stock Units	(2)	05/05/2022			М			289	05/05/20	22	05/05/2022	Common Stock	289	\$0.0000	0.0000(1)	D		

Explanation of Responses:

1. Upon the vesting of Restricted Stock Units ("RSUs") on May 5, 2022, the reporting person did not defer the receipt of 289 shares of Common Stock pursuant to the Company's deferred compensation plan.

2. The RSUs convert to Common Stock on a one-for-one basis.

3. Represent RSUs granted under the Non-Employee Director Compensation Program.

/s/ Jennifer Johnson, attorney in 05/06/2022 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.