FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL             |        |  |  |  |  |  |  |  |  |
|--------------------------|--------|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0287    |        |  |  |  |  |  |  |  |  |
| Estimated average burden |        |  |  |  |  |  |  |  |  |
| hours per response       | e: 0.5 |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Strzelecki Angela</u>                                  |          |  |   |           | <u>IN</u>   | 2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ] |                        |                      |  |                    |   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  V Officer (give title Other (specify |   |   |   |                                       |  |
|--|----------|--|---|-----------|---|--|------------------------|----------------------|--|--------------------|---|---|---|---|---|---|---------------------------------------|--|
| (Last) (First) (Middle) 521 WEST 57TH STREET   |          |  |   |           | 3. Date of Earliest Transaction (Month/Day/Year) 02/01/2021                               |  |                        |                      |  |                    |   | X Officer (give title Officer (specify below)  President, Pharma Solutions                        |   |   |   |   |                                       |  |
| (Street) NEW YORK NY 10019   |          |  |   |           | 4. If Amendment, Date of Original Filed (Month/Day/Year) 02/03/2021                       |  |                        |                      |  |                    |   | 6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person |   |   |   |   |                                       |  |
| (City)   | (S       | tate)                                      | (Zip)   |           |   |  |                        |                      |  |                    |   |   | Form filed by More than One Reporting<br>Person   |   |   |   |                                       |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned                   |          |  |   |           |   |  |                        |                      |  |                    |   |   |   |   |   |   |                                       |  |
| 1. Title of Security (Instr. 3)  2. Transa Date (Month/D   |          |  | Execution Date,                                     |           | 3. Transaction Code (Instr. 3, 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5) |  | d (A) or<br>r. 3, 4 an | Beneficia<br>Owned F | s<br>ally<br>ollowing  | Form               | : Direct<br>Indirect<br>str. 4)   | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership   |   |   |   |   |                                       |  |
|  |          |  |   |           |   |  |                        | Code V               | Amount   | (A) or<br>(D)      | Price   | Reported<br>Transacti<br>(Instr. 3 a  | ion(s)  |   |   | (Instr. 4)  |                                       |  |
|  |          |  |   |           |   |  |                        |                      | uired, Disp<br>, options,                                      |                    |   |   | y Owned   |   |   |   |                                       |  |
| 1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security |          | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Da<br>if any<br>(Month/Day/ | Date, Tra | ransa<br>Code (l  |  | Derivative             |                      | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Sec<br>(Instr. 3 and 4) |   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)   | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s |   | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |          |  |   | C         | ode   | v  | (A)                    | (D)                  | Date<br>Exercisable  | Expiration<br>Date | Title   | Amoun<br>or<br>Numbe<br>of<br>Shares  |   | (Instr. 4)  |   |   |                                       |  |
| Restricted<br>Stock<br>Units   | (1)      | 02/01/2021                                 |   |           | A   |  | 1,753 <sup>(2)</sup>   |                      | (3)  | (3)                | Common<br>Stock   | 1,753   | (1)   | 1,753   | 3 | D   |                                       |  |
| Restricted<br>Stock<br>Units   | (1)      | 02/01/2021                                 |   |           | A   |  | 731 <sup>(2)</sup>     |                      | (4)  | (4)                | Common<br>Stock   | 731   | (1)   | 2,484   | ļ | D   |                                       |  |
| Stock<br>Options<br>(right to<br>buy)  | \$149.65 | 02/01/2021                                 |   |           | A   |  | 1,046 <sup>(5)</sup>   |                      | (6)  | 02/14/2028         | Common<br>Stock   | 1,046   | (7)   | 1,046   | 5 | D   |                                       |  |
| Stock<br>Options<br>(right to<br>buy)  | \$77.16  | 02/01/2021                                 |   |           | A   |  | 2,588 <sup>(5)</sup>   |                      | (8)  | 02/18/2030         | Common<br>Stock   | 2,588   | (7)   | 2,588   | 3 | D   |                                       |  |
| Stock<br>Options<br>(right to<br>buy)  | \$123.76 | 02/01/2021                                 |   |           | A   |  | 2,125 <sup>(5)</sup>   |                      | 02/01/2021   | 02/01/2027         | Common<br>Stock   | 2,125   | (7)   | 2,125   | ; | D   |                                       |  |
| Stock<br>Options<br>(right to  | \$115.48 | 02/01/2021                                 |   |           | A   |  | 3,481 <sup>(5)</sup>   |                      | 02/01/2021   | 02/03/2022         | Common<br>Stock   | 3,481   | (7)   | 3,481   |   | D   |                                       |  |

## **Explanation of Responses:**

- 1. In connection with the combination of IFF and the Nutrition & Biosciences business ("N&B") of DuPont de Nemours, Inc. ("DuPont") (the "Transactions"), DuPont restricted stock units were replaced with Restricted Stock Units ("RSUs") that convert into Common Stock on a one-for-one basis upon vesting.
- 2. Number of RSUs was misreported due to administrative error.
- 3. RSUs vest in three equal tranches on each of February 19, 2021, 2022 and 2023, subject to continued employment with IFF.
- 4. RSUs vest in two equal tranches on each of February 14, 2021 and 2022, subject to continued employment with IFF.
- 5. Number of Options was misreported due to administrative error.
- 6. Option is exercisable as of the date of replacement with respect to 696 shares of Common Stock. The Option will become exercisable in respect of the remaining 350 shares of Common Stock on February 15, 2021, subject to continued employment with IFF
- 7. In connection with the Transactions, DuPont options were replaced with Options to purchase Common Stock.
- 8. Options will vest and become exercisable in three equal tranches on each of February 19, 2021, 2022 and 2023, subject to continued employment with IFF.

/s/ Nanci Prado, attorney in fact 02/19/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.