SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934 (AMENDMENT NO. 18) *

International Flavors & Fragrances Inc.
(NAME OF ISSUER)
Common Stock \$.12-1/2 par value
(TITLE OF CLASS OF SECURITIES)
459506 10 1
(CUSIP NUMBER)
Check the following box if a fee is being paid with the statement / /. (A fee is not required only if the filing person: (1) has a previous statement on file reporting beneficial ownership of more than five percent of the class of securities described in Item 1; and (2) has filed no amendment subsequent thereto reporting beneficial ownership of five percent or less of such class.) (See Rule 13d-7.)
*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.
The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).
(Continued on following page(s))
Page 1 of 4 Pages
CUSIP No. 459506 10 1 13G PAGE 2 OF 4 PAGES
1 NAME OF REPORTING PERSON S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON
Hedwig van Ameringen (deceased). Mrs. van Ameringen died April 27, 1996.
2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP* (a) // (b) /x/
3 SEC USE ONLY
4 CITIZENSHIP OR PLACE OF ORGANIZATION
U.S.A.
5 SOLE VOTING POWER NUMBER OF
SHARES See Item 1
BENEFICIALLY 6 SHARED VOTING POWER
OWNED BY See Item 1
EACH

	REPORTING	7	SOLE DISPOSITIVE POWER		
	PERSON		See Item 1		
	WITH	8	SHARED DISPOSITIVE POWER		
			See Item 1		
9	AGGREGATE AI	MOUNT E	SENEFICIALLY OWNED BY EACH REPORTING PERSON		
	See Item 1				
10	CHECK BOX IF CERTAIN SHAR		GGREGATE AMOUNT IN ROW (9) EXCLUDES //		
11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)					
	See Item 1				
12	TYPE OF REPOR	RTING F	PERSON*		
	IN				
	*(SEE INS	STRUCTIONS BEFORE FILLING OUT!		

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Schedule 13 G

Under the Securities Exchange Act of 1934

Check the following box if a fee is being paid with this statement. / / Item 1 (a) Name of Issurer: -----International Flavors & Fragrances Inc. Item 1 (b) Address of Issuer's Principal Executive Offices: 521 West 57th Street New York, New York 10019 Item 2 (a) Name of Person Filing: -----Hedwig van Ameringen (deceased). Mrs. van Ameringen died April 27, 1996. Item 2 (b) Address of principal business office or, if none, residence: -----509 Madison Avenue New York, New York 10022 Item 2 (c) Citizenship: U.S.A. Item 2 (d) Title of Class of Securities: Common Stock \$.12-1/2 par value Item 2 (e) CUSIP Number: 459506 10 1 Item 3 If this statement is filed pursuant to Rules 13 13 d-1 (b) or 13 d-2 (b) check whether the person filing is a: Not applicable Item 4 Ownership: (a) Amount Beneficially Owned

See Item 2(a)

See Item 2(a)

Percent of Class

(b)

	(c) Number of shares as to which such person has:				
	(i) sole power to vote or to direct the vote:See Item 2(a)				
	<pre>(ii) shared power to vote or to direct the vote: See Item 2(a)</pre>				
	<pre>(iii) sole power to dispose or to direct the disposition of: See Item 2(a)</pre>				
	<pre>(iv) shared power to dispose or to direct the disposition of: See Item 2(a)</pre>				
Item 5	Ownership of Five Percent or Less of a Class				
	Not Applicable				
Item 6	Ownership of More than Five Percent on Behalf of				
	Another Person				
	Not Applicable				
Item 7 Identification and Classification of the					
	Subsidiary Which Acquired the Security Being				
	Reported on by the Parent Holding Company				
	Not Applicable				
Item 8	Identification and Classification of Members				
	of the Group				
	Not Applicable				
Item 9	Notice of Dissolution of Group				
	Not Applicable				
Item 10	Certification				
	Not Applicable				
Signature					
After reasonable inquiry and the best of my knowledge and belief, I certify that the information set forth in the statement is true, complete and correct.					
February 3, 1997					
Date					
HEDWIG	HEDWIG VAN AMERINGEN				

Signature

George Rowe, Jr.
Executor of Estate of
Hedwig van Ameringen
----Name/Title

JH2:L1-L2

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