

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Strzelecki Angela</u> (Last) (First) (Middle) <u>521 WEST 57TH STREET</u> (Street) <u>NEW YORK NY 10019</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below) _____ X <u>President, Pharma Solutions</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>02/01/2021</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Restricted Stock Units	(I)	02/01/2021		A		5,259		(2)	(2)	Common Stock	5,259	(I)	5,259	D	
Restricted Stock Units	(I)	02/01/2021		A		1,462		(3)	(3)	Common Stock	1,462	(I)	6,721	D	
Restricted Stock Units	(I)	02/01/2021		A		81		02/15/2021	02/15/2021	Common Stock	81	(I)	81	D	
Stock Options (right to buy)	\$149.65	02/01/2021		A		3,138		(4)	02/14/2028	Common Stock	3,138	(S)	3,138	D	
Stock Options (right to buy)	\$77.16	02/01/2021		A		7,764		(6)	02/18/2030	Common Stock	7,764	(S)	7,764	D	
Stock Options (right to buy)	\$123.76	02/01/2021		A		6,375		02/01/2021	02/01/2027	Common Stock	6,375	(S)	6,375	D	
Stock Options (right to buy)	\$115.48	02/01/2021		A		10,443		02/01/2021	02/03/2022	Common Stock	10,443	(S)	10,443	D	

Explanation of Responses:

- In connection with the combination of IFF and the Nutrition & Biosciences business ("N&B") of DuPont de Nemours, Inc. ("DuPont") (the "Transactions"), DuPont restricted stock units were replaced with Restricted Stock Units ("RSUs") that convert into Common Stock on a one-for-one basis upon vesting.
- RSUs vest in three equal tranches with respect to 1,753 shares of Common Stock on each of February 19, 2021, 2022 and 2023, subject to continued employment with IFF.
- RSUs vest with respect to 731 shares of Common Stock on each of February 14, 2021 and 2022, subject to continued employment with IFF.
- Option is exercisable as of the date of replacement with respect to 2,092 shares of Common Stock. The Option will become exercisable in respect of the remaining 1,046 shares of Common Stock on February 15, 2021, subject to continued employment with IFF.
- In connection with the Transactions, DuPont options were replaced with Options to purchase Common Stock.
- Options will vest and become exercisable in three equal tranches with respect to 2,588 shares of Common Stock on each of February 19, 2021, 2022 and 2023, subject to continued employment with IFF.

/s/ Nanci Prado, attorney in fact 02/03/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.