



3 SEC USE ONLY

4 SOURCE OF FUNDS\*

NOT APPLICABLE

5 CHECK BOX IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED / /  
PURSUANT TO ITEMS 2(d) or 2(e)

6 CITIZENSHIP OR PLACE OF ORGANIZATION

U.S.A.

NUMBER OF	7	SOLE VOTING POWER
SHARES		2,570,011
BENEFICIALLY	8	SHARED VOTING POWER
OWNED BY		4,536,239
EACH		
REPORTING	9	SOLE DISPOSITIVE POWER
PERSON		2,570,011
WITH	10	SHARED DISPOSITIVE POWER
		4,536,239

11 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

7,106,250

12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES / /  
CERTAIN SHARES\*

13 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (11)

7.5%

14 TYPE OF REPORTING PERSON\*

IN

\*SEE INSTRUCTIONS BEFORE FILLING OUT!

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Schedule 13 D

Under the Securities Exchange Act of 1934

Check the following box if a fee is being paid with this statement. / /

Item 1 Security and Issuer

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Common Stock \$.12-1/2 par value

International Flavors & Fragrances Inc. (IFF)  
521 West 57th Street  
New York, New York 10019

Item 2 Identity and Background

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(a) Name of Person Filing:

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Henry P. van Ameringen

(b) Residence or Business Address

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509 Madison Avenue  
New York, New York 10022

(c) Present principal occupation or employment and the name, principal business and address of any corporation or other organization in which such employment is conducted;

Retired as an executive of IFF; President and Treasurer and a director, van Ameringen Foundation at the address in 2(b)

(d) Whether or not, during the last five years, such person has been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors) and, if so, give the dates, nature of conviction, name and location of court, any penalty imposed or other disposition of the case;

No

(e) Whether or not, during the last five years, such person was a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, federal or state securities laws or finding any violation with respect to such laws; and, if so, identify and describe such proceedings and summarize the terms of such judgment, decree or final order, and

No

Item 2 (f) Citizenship:  
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U.S.A.

Item 3 Source & Amount of Funds or Other Consideration  
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See Item 5(c) below.

Item 4 Purpose of Transaction  
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See Item 5(c) below.

Item 5 Interest in Securities of the Issuer  
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(a) Amount Beneficially Owned

7,106,250

Percent of Class

7.5%

(b) Number of shares as to which such person has:

(i) sole power to vote or to direct the vote: 2,570,011

(ii) shared power to vote or to direct the vote:  
4,536,239

(iii) sole power to dispose or to direct the disposition  
of: 2,570,011

(iv) shared power to dispose or to direct the  
disposition of: 4,536,239

(c) Describe any transactions in the class of securities reported on that were effected during the past sixty days or since the most recent filing on Schedule 13D (Section 240.13d-191), whichever is less, by the persons named in response to paragraph (a).

From November 6, 2002 to November 22, 2002, 438,000 shares were sold on behalf of three trusts, of which the undersigned is a co-trustee. In addition, from December 9, 2002 to December 11, 2002, the van Ameringen Foundation, of which the undersigned is a director and officer, sold 100,000 shares.

(d) If any other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, such securities, a statement to that effect should be included in response to this item and, if such interest relates to more than five percent of the class, such person should be identified. A listing of the shareholders of an investment company registered under the Investment Company Act of 1940 or the beneficiaries of an employee benefit plan, pension fund or endowment fund is not required.

Persons other than the undersigned have the right to receive dividends from, or the proceeds from the sale of, certain of the securities listed in Item 5 (a) and (b).

Item 6        Contracts, Arrangements, Understandings  
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              Or Relationships With Respect To  
              -----  
              Securities Of The Issuer  
              -----  
  
              None

Item 7        Material To Be Filed as Exhibits  
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              None

Signature

After reasonable inquiry and the best of my knowledge and belief, I certify that the information set forth in the statement is true, complete and correct.

December 18, 2002  
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Date

              HENRY P. VAN AMERINGEN  
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              Signature

Henry P. van Ameringen  
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Name/Title

Hpv A13D