FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	15	0
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPRO	IVAL							
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

1. Name and Address of Reporting Person* MEANY DENNIS M						2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										heck all app Direc	ector cer (give title		10% O	wner
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 07/27/2006										belov	nior VP, G	C &	below) Secretary	
(Street) NEW YO	ORK N	Y	10019		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Lin	ie)	Joint/Group				
(City)	(5	State)	(Zip)		-	Form filed by More than One Reporting Person											orting			
		Tab	le I - Noi	n-Deriv	/ative	e Se	curiti	es A	cqu	ired, I	Dis	posed	of, or E	Bene	eficia	lly Owne	d			
1. Title of Security (Instr. 3) 2. Tran Date (Month						ay/Year) 2A. Deemed Execution Day if any (Month/Day/			Code (Ins						(A) or 3, 4 an	Benefic	ies Form cially (D) (Following (I) (I		wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amoun	t (A) or Pi		Price	Transa	saction(s) . 3 and 4)			(1113411 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Execution Date, if any including Privative Privative Execution Date, if any including Month/Day/Year)				ransaction of Derivati Securiti Acquire (A) or Dispose of (D) (Instr. 3, and 5)			Exp	Pate Exe piration I onth/Day	Date					8. Price of Derivative Security (Instr. 5)		у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exe	e rcisable		xpiration ate	Title	or Nu of	ımber					
Stock Equivalent	\$0 ⁽¹⁾	07/27/2006	07/28/2	2006	A		57			(2)		(2)	Common	1	57	\$36.76	3,426		D	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 11 of the acquired Units are subject to vesting based on employment through December 31, 2007.

Remarks:

Dennis M. Meany

07/28/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.