FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL								
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					or S	section	n 30(r	n) of the I	Investmer	it Con	npany Act	of 1940							
Name and Address of Reporting Person*     Fauchon de Villeplee Christophe					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]							(Che		cable) or (give title	g Pers	10% Ov	wner		
(Last) 521 WES	FST 57TH S	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023								President, Scent					
(Street) NEW YO	ORK N	Y	10019		4. If <i>i</i>							Line	Form filed by One Reporting Person Form filed by More than One Reporting				n		
(City)	(S	tate)	(Zip)			Person													
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transa Date (Month/D			Execution Date,		Code (	Transaction Disposed Of (D) (Instr. 3, 4							Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) (D)	or 1	Price	Transact (Instr. 3	tion(s)				
Common Stock 01/03/				/2023		М		784	784 A		<b>\$0</b> <sup>(1)</sup>	8,964			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	ate, Ti	Code (Ins				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	Ownership	Beneficial Ownership (Instr. 4)
				С	ode	v	(A)		Date Exercisab		xpiration ate	Title	or Nui of	nount mber ares					
Restricted Stock Units	(1)	01/03/2023			М			784 <sup>(2)</sup>	(3)		(3)	Common Stock	7	'84	\$0.0000	0.0000	)	D	

## Explanation of Responses:

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Reflects vesting and settlement of RSUs granted on January 2, 2020.
- 3. The RSUs vested on January 2, 2023.

/s/ Jennifer Johnson, attorney in <u>01/05/2023</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.