FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL

OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Haeni Matthias					<u>IN</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]								(Ched	k all app Dired	licable)	g Person(s) to Is 10% ( Other	
(Last) 521 WES	(Last) (First) (Middle) 521 WEST 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 12/18/2018							X	belov	v) ``	below CEO, Taste			
(Street)  NEW YO			.0019 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	Forn Forn	idual or Joint/Group Filing (Check Appl Form filed by One Reporting Person Form filed by More than One Reporti Person			
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired	, Dis	sposed o	f, or E	Bene	ficially	Owne	ed		
1. Title of Security (Instr. 3)  2. Transact Date (Month/Date					Execution Date,		3. Transaction Code (Instr. 8)  4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)				Securi Benefi	cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) (D)	or F	rice	Transa	action(s) 3 and 4)		(11150.4)
Common Stock 12/18/2				2018	018		D <sup>(1)</sup>		2,075(1)		) \$	32.06	26,6	68.043 <sup>(2)</sup>	D			
		Та									osed of, onvertib				wned			
1. Title of Derivative Security (Instr. 3)			on Date,	Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		tr. 3	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Exercisa	able	Date	Title	01   Shar	es				

## Explanation of Responses:

- 1. Shares surrendered in connection with tax equalization payment.
- 2. Includes shares acquired pursuant to a dividend reinvestment program in prior periods that were inadvertently omitted from holdings on prior reports. The transactions were exempt pursuant to Rule 16a-11. Also includes additional shares that were owned prior to the Reporting Person becoming subject to Section 16 that were inadvertantly omitted from the Reporting Person's Form 3.

/s/ Nanci Prado, attorney in fact

12/20/2018

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.