## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL											
l	OMB Number:	3235-0287										
l	Estimated average burden											
l	hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  GEORGESCU PETER A						2. Issuer Name <b>and</b> Ticker or Trading Symbol  INTERNATIONAL FLAVORS &  FRAGRANCES INC [ IFF ]									all appl Direct	olicable) etor		Person(s) to Issuer 10% Owner Other (specify below)	
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 03/20/2006									Officer (give title below)				
(Street) NEW YORK NY 10019 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									5. Indiv _ine) X	· ·				
		Tab	le I - Non-I	Deriva	tive	Sec	curitie	es Ad	cquired,	Dis	oosed	of, or Be	enefic	ially	Owne	d			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					Execution Date			Code (			rities Acquired (A) or (D) (Instr. 3, 4		and	5. Amou Securiti Benefic Owned Reporte Transac (Instr. 3	ies For (D) Following (I)		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	ate, Ti	4. Transaction Code (Instr. 8)				6. Date Exe Expiration (Month/Day	Date		d 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		De Se (In	Price of crivative curity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Ownership Form:	Beneficial Ownership (Instr. 4)
				С	ode	v	(A)	(D)	Date Exercisabl		opiration	Title	Amour or Number of Shares	er					
Stock Equivalent Unit	\$0 <sup>(1)</sup>	03/20/2006	03/21/200	06	A		57		(2)		(2)	Common Stock	57	4	35.18	10,355		D	

## **Explanation of Responses:**

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from deferral of meeting fees. The Units are payable in Common Stock upon retirement or other termination of directorship.

## Remarks:

By: Dennis Meany, attorney in **fact** 

03/21/2006

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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