## FORM 5

Check this box if no longer subject to

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL

OMB APPROVAL								
OMB Number: 3235-0362								
Estimated average burden								
hours ner resnonse:	1.0							

obligat Instruc	n 16. Form 4 or ions may contir tion 1(b). B Holdings Repo	nue. See	See ANNUAL STATEMENT OF CHANGES IN BENEFIC OWNERSHIP							NEFICIA	OMB Number: 3 Estimated average burden hours per response:				3235-0362 en 1.0	
Form 4	Transactions I	Reported.	F	Filed pursuant or Sect					ies Exchan npany Act		1934					
1. Name and Address of Reporting Person*  MORRISON DALE F  (Last) (First) (Middle)  521 WEST 57TH STREET			INTE FRAC 3. Stater	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]  3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018					(CI	Relationship of Reporting Person(s) to Issuer neck all applicable)  X Director 10% Owner Officer (give title below) below)				wner (specify		
(Street) NEW Y(			10019 (Zip)	4. If Ame	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Indivi							e) X Form fi Form fi	ual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tal	ble I - Non-Der	ivative Se	curities	s Acc	quired,	Dis	posed o	of, or B	eneficial	ly Owned				
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)		Execution if any	2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transac Code (I		(D) (Instr. 3, 4 and 5)		(A) or			of y end of scal . 3 and	Form: Dire (D) or nd of Indirect (I) cal (Instr. 4)		Nature of lirect neficial vnership str. 4)			
			Table II - Deriv (e.g.,	ative Sec								Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	onversion Date Execution Date, if any it is on the privative (Month/Day/Year)		4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					(A)	(D)	Date Exercisa	Date Expiration Exercisable Date		Amou or Numb of Title Share		(Instr.				
Stock Equivalent	(1)	12/31/2018		A	309.02 <sup>(2)</sup>		(3)		(3)	Commo		\$0.0000	16,73	31.02	D	

## **Explanation of Responses:**

Unit

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Reflects the aggregate of fractional Units acquired during the period upon reinvestment of dividends under the Company's deferred compensation plan during 2018. The transactions were exempt pursuant to Rule 16a-11.
- ${\it 3. The Units are payable in Common Stock upon retirement or termination of directorship.}\\$

/s/ Nanci Prado, attorney in fact 02/14/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.