FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

			or Sect	ion 30(h) of	the Investment Company Act of 19	40				
HUETHER JAMES P			2. Date of Event Requiring Statement (Month/Day/Year) 05/11/2004		3. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]					
(Last) (First) (Middle) INTERNATIONAL FLAVORS & FRAGRANCES INC. 521 WEST 57TH STREET					4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Corporate Controller		er cify	6. Individual or Joint/Group Filing (Check Applicable Line)		
(Street) NEW YORK NY 10019								X Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)								
		7	able I - Nor	n-Derivat	tive Securities Beneficially	y Owned				
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownersh Form: Direct or Indirect (Instr. 5)	ct (D) (Instr. 5)			
Common Stock	ζ				1,236	D				
		(e. <u>ç</u>			e Securities Beneficially (ants, options, convertible		s)			
, , ,			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Convers	ise Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Date Exercisable	Expiration Date	n Title	Amount or Number of Shares	Price of Derivativ Security	ve or Indirect		
Stock Options (right to buy)			(1)	05/12/2004	4 Common Stock	1,000	36	D		
Stock Options (right to buy)			(2)	05/11/2005	5 Common Stock	1,000	49.87	5 D		
Stock Options (right to buy)			(3)	05/09/2006	6 Common Stock	2,000	48.12	5 D		
Stock Options (right to buy)			(4)	05/08/2007	7 Common Stock	3,000	43.25	5 D		
Stock Options (right to buy)			(5)	05/14/2008	Common Stock	3,000	49.687	75 D		
Stock Options (right to buy)			(6)	05/20/2009	Common Stock	3,500	39.187	75 D		
Stock Options (right to buy)			(7)	05/18/2010	Common Stock	3,500	32.187	75 D		
Stock Options (right to buy)			(8)	(9)	Common Stock	4,475	17.937	75 D		
Stock Options (right to buy)			(10)	05/16/2011	Common Stock	12,000	27.1	D		
Stock Options (right to buy)			(11)	01/28/2012	2 Common Stock	5,000	28.77	7 D		
Stock Options (right to buy)			(12)	05/07/2012	2 Common Stock	12,000	32.82	2 D		
Stock Options (right to buy)			(13)	02/24/2013	3 Common Stock	12,000	31.33	3 D		
Stock Options (right to buy)			(14)	03/11/2013	3 Common Stock	12,000	29.86	6 D		
Restricted Stock Units			02/23/2006	02/23/2014	4 Common Stock	1,495	(15)	D		
Stock Units			(16)	(16)	Common Stock	197	(17)	D		
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Explanation of Responses:

- 1. The options vested in 3 equal annual installments beginning on May 12, 1995. As of the filing date, these options have expired.
- 2. The options vested in 3 equal annual installments beginning on May 11, 1996.
- 3. The options vested in 3 equal annual installments beginning on May 9, 1997.
- 4. The options vested in 3 equal annual installments beginning on May 8, 1998.
- 5. The options vested in 3 equal annual installments beginning on May 14, 1999.
- 6. The options vested in 3 equal annual installments beginning on May 20, 2000.
- 7. The options vested in 3 equal annual installments beginning on May 18, 2001.
- 8. The options vest in 4 equal installments each based on the Company's Common Stock achieving certain pre-established price targets.
- $9. \ The earlier of \ 11/14/07 \ or \ six \ months \ and \ one \ day \ after \ the \ Company's \ Common \ Stock \ achieves \ a \ pre-established \ price \ target.$
- $10.\ The\ options\ vest\ in\ 3\ equal\ annual\ installments\ beginning\ on\ May\ 16,\ 2002.$
- $11. \ The \ options \ vest \ in \ 3 \ equal \ annual \ installments \ beginning \ on \ January \ 28, \ 2003.$
- 12. The options vest in 3 equal annual installments beginning on May 7, 2003.

- 13. The options vest in 3 equal annual installments beginning on February 24, 2004.
- $14. \ The \ options \ vest \ in \ 3 \ equal \ annual \ installments \ beginning \ on \ March \ 11, 2004.$
- 15. The restricted stock units convert to Common Stock on a one-for-one basis.
- 16. Stock units ("Units") under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units.
- 17. The Units convert to Common Stock on a one-for-one basis.

Dennis M. Meany, Attorney-infact 05/20/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

I, James Huether, Controller of International Flavors & Fragrances Inc. ("Company"), hereby appoint Dennis M. Meany, Jodie Simon and Joseph F. Leightner as my attorney in fact to act severally in my name, place and stead in any way which I myself could do with respect to the completing, signing and filing of statements of beneficial ownership and changes therein as required from time to time pursuant to the Securities Exchange Act of 1934. This power shall continue for such period as I am employed as an officer of the Company.

In witness whereof, I have hereunto signed my name this 4th day of May, 2004.

JAMES HUETHER	
James Huether	