Instruction 1(b)

FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIA
OWNEDCHID

	OMB APPROVAL									
	OMB Number:	3235-0362								
	Estimated average burden									
- 1	l i									

Form 3	Holdings Rep	orted.													- 1		
0	Transactions		Fi	led pursuant t or Sectio	o Sect n 30(h	ion 16 n) of th	S(a) of the ne Investn	Secunent (urities Excha Company Ad	ange Act ct of 1940	of 1934)			-			
1. Name and Address of Reporting Person* HEASLIP STEVEN J (Last) (First) (Middle) 521 WEST 57TH STREET				INTER FRAG 3. Statem	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2006					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Senior VP Human Resources							
(Street) NEW Y(10019 Zip)	4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Non-Deri	vative Sec	uriti	es A	cquire	d, D	isposed	of, or	Benefi	ciall	y Owne	d			
Date (Month/Day/Year)			Execution I			nsaction le (Instr.				Securities Beneficially		es ally	Form	nership I m: Direct E	7. Nature of ndirect Beneficial Ownership		
			(Month/Day/Year)		8)		Amo	unt	(A) or (D)	Price		Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)		(D) or Indirect (I) (Instr. 4)		(Instr. 4)	
Common Stock 12/31/2006				A 49 A		\$0	36,733 ⁽¹⁾		733(1)		D						
		Та	able II - Deriva (e.g., p	itive Secu outs, calls									Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction of Code (Instr. 8) Secul Acquire (A) on Dispo of (D)		expirative urities urities uired or cosed by tr. 3, 4		Exercisable and ion Date (Day/Year)		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		ity	3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s ully	10. Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)
					(A)	(D)	Date Exercisa	able	Expiration Date	Title	or Numb of Share	er					
Stock Equivalent Unit	\$0 ⁽²⁾	12/31/2006		A	6		(3)		(3)	Commo Stock		T	\$0	970 ⁽⁴	1)	D	

Explanation of Responses:

- 1. Includes 49 shares arising from dividends (in shares) under the IFF Global Employee Stock Purchase Plan during 2006.
- 2. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 3. Not applicable.

Remarks:

By: Jodie Simon Friedman, attorney in fact

02/02/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{4.} Includes units acquired upon reinvestment of dividends accrued on units in the IFF Stock Fund under the Company's deferred compensation plan during 2006. The acquisition of units with reinvested dividends is exempt from line item reporting under SEC Rule 16a-11. The unit accounting process used by the plan administrator of the IFF Stock Fund under the deferred compensation plan includes Common Stock as well as cash, with the fund divided into a number of units which does not directly correspond to the same number of shares of Common Stock. This leads to Common Stock maintained in the fund, as well as dividend reinvestment share units, to at times be in minor variance from the numbers reported in a different period.