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## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OWR APPRO	IVAL								
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

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1. Name and Address of Reporting Person* <u>Anderson Robert G.</u>						2. Issuer Name and Ticker or Trading Symbol <u>INTERNATIONAL FLAVORS &amp;</u> <u>FRAGRANCES INC</u> [ IFF ]								ieck all appl Direct	icable) or r (give title	g Person(s) to Is 10% C Other below)	wner (specify
(Last) 521 WES	(F ST 57TH S	3. Date of Earliest Transaction (Month/Day/Year) 06/29/2018									Controller						
(Street) NEW YORK NY 10019					4. If Amendment, Date of Original Filed (Month/Day/Year)								Lin	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(S	-	(Zip)	n-Deriv	ative Securities Acquired, Disposed of, or Benefi									Perso			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					ction 2A. Deemed Execution Date,			3. Transa Code ( 8)	ction				(A) or	5. Amo Securit Benefic	unt of ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
							Code	v	Amount	:	(A) or (D)	Price	Transad (Instr. 3	ction(s)		(Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	1. Fransactio Code (Insti 3)		Exp	xpiration Date Amo Nonth/Day/Year) Secu				tle and ount of urities erlying		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially	Ownership Form:	11. Nature of Indirect Beneficial Ownershi

Security (Instr. 3)		Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expiration Da (Month/Day/Y		Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
	Stock Equivalent Unit	(1)	06/29/2018	07/02/2018	A		6		(2)	(2)	Common Stock	6	\$123.96	3,839	D		

Explanation of Responses:

1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.

2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 1 of the acquired Units is subject to vesting based on employment through December 31, 2019.

> Nanci Prado, attorney in fact Date

07/03/2018

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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