FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasnington	, D.C.	20548

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOWARD D WAYNE					2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]										all appl Direct	icable)	g Per	son(s) to Iss 10% O Other (s	wner
(Last) 521 WES	(First) (Middle) EST 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 11/15/2005									below		ıl Op	below)	Specify	
(Street) NEW Y(10019 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								3. Indiv Line) X	· '				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Execution Date,		Code		4. Securities Acquired (/ Disposed Of (D) (Instr. 3 5) / Amount (A) or (D)		str. 3, 4	and	nd Securities Beneficially Owned Follow Reported Transaction(s)		Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
		Т	able II - D (e						juired, C s, optior						wned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security Security 3. Transaction Date (Month/Day/Year) if any (Month/Day/Y				Date, T	Code (Instr.		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		De Se (In:	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amour or Number of Shares	r					
Stock Equivalent	\$0 ⁽¹⁾	11/15/2005	11/16/20	05	A		100		(2)		(2)	Common Stock	100	\$	32.35	4,466		D	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 20 of the acquired Units are subject to vesting based on employment through December 31, 2006.

Remarks:

Dennis Meany

11/16/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.