## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average b	urden							

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  MEANY DENNIS M				IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [ IFF ]								heck all a Dir	nip of Reportir oplicable) ector cer (give title	ng Pei	rson(s) to Iss 10% Ov Other (s	vner
(Last) (First) (Middle) 521 WEST 57TH STREET				3. Date of Earliest Transaction (Month/Day/Year) 04/13/2006								X Officer (give title of their (specify below) Senior VP, GC & Secretary					
(Street) NEW Y(			10019 (Zip)	4. I	f Ame	ndment	t, Date	of Original F	iled (M	Month/D	ay/Year)		ne) <mark>X</mark> Fo Fo	or Joint/Grou m filed by On m filed by Mo son	ie Rep	orting Perso	n
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date (Mon			onth/Day/Ye	Execution Date,		Code (In 8)	tion E str. 5	Amount (A) or (D)		str. 3, 4 a	nd Secu Bend Own Repo Tran (Inst	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
1. Title of Derivative Conversion Security or Exercise (Month/Day/Year) GAA. Deemed Execution Date, if any			4. Transa Code (	5. Number of		6, Options, converting 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price Derivating Security (Instr. 5)		lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable	Expi Date	iration e	Title	or Number of Shares					
Stock Equivalent Unit	\$0 <sup>(1)</sup>	04/13/2006	04/17/2006	A		62		(2)		(2)	Common Stock	62	\$33.79	3,017		D	

## Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 12 of the acquired Units are subject to vesting based on employment through December 31, 2007.

## Remarks:

Dennis M. Meany

04/17/2006

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.