FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL OMB Number:

Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person* <u>TANSKY BURTON M</u>				<u>II</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								5. Relationship of Reporting Person(s) to (Check all applicable) X Director 10%				
(Last) INTERN INC.	•	irst) FLAVORS & F	(Middle) RAGRANCE	J. I	3. Date of Earliest Transaction (Month/Day/Year) 10/01/2004							Offic belo	er (give title w)		Other (i below)	specify	
521 WEST 57TH STREET				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable					
(Street) NEW YO	ORK N	Y	10019	_										n filed by On n filed by Mo on		Ü	
(City)	(S	tate)	(Zip)														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date			ransaction e onth/Day/Y	Execution Date,		Code (Instr. 5)			ed (A) or str. 3, 4 ar	5. Amount of Securities Beneficially Owned Followin		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	,	Amount	t (A) or (D)		Trans	ction(s) 3 and 4)			(
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) if a ce of ivative		Code	action (Instr.	of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Exp Dat	piration te	Title	Amount or Number of Shares					
Stock Equivalent Units	(1)	10/01/2004	10/04/2004	A		1,000		(1)		(1)	Common Stock	1,000	(1)	2,394		D	
Stock Equivalent	(2)	10/01/2004	10/04/2004	A		13		(2)		(2)	Common	13	\$38.77	2,407	,	D	

Explanation of Responses:

- 1. Units under the Company's deferred compensation plan resulting from deferral of compensable stock grant. The Units are payable in Common Stock upon retirement or other termination of directorship. Stock Units convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from deferral of meeting fees. The Units are payable in Common Stock upon retirement or other termination. Stock Units convert to Common Stock on a one-for-one basis.

Dennis M. Meany, Attorney-in-10/04/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.