FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Anderson Robert G.				IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								5. Relationship of Reporting (Check all applicable) Director Officer (give title			Person(s) to Issuer 10% Owner Other (specify			
(Last) (First) (Middle) 521 WEST 57TH STREET						3. Date of Earliest Transaction (Month/Day/Year) 11/27/2019								X Officer (give title Offier (specify below) Controller					
(Street) NEW YO			10019 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(=:9)			ble I - Non	-Deriv	ativ	e Se	curities	Ac	quired, [Disp	osed of	f, or Ber	neficial	ly Owned					
1. Title of Security (Instr. 3)				2. Trans	ansaction		2A. Deemed Execution Date if any (Month/Day/Yea		3. Transaction Code (Insti		4. Securiti	es Acquired (A) o Of (D) (Instr. 3, 4		5. Amou Securitie Benefici Owned F	nt of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common Stock													12,85	53.717		D			
			Table II - I						uired, Di , options					Owned					
		e (Month/Day/Year)	3A. Deemed Execution D if any	,, P	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)			9. Number derivative Securities Beneficial Owned Following Reposed			Beneficial Ownership t (Instr. 4)	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date	3A. Deemed Execution D if any (Month/Day/	ate, Ti	ransa Code (I		Derivativ Securitie Acquired or Dispos of (D) (Ins	e s I (A) sed str.	6. Date Ex Expiration	ercisa Date	able and	7. Title an Amount o Securities Underlyin Derivative	d f g Security	8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
Derivative Security	Conversion or Exercise Price of Derivative	Date	Execution D if any	ate, Ti C Year) 8)	ransa Code (I		Derivativ Securitie Acquired or Dispos of (D) (Ins	e s I (A) sed str.	6. Date Ex Expiration	ercisa Date y/Yea	able and	7. Title an Amount o Securities Underlyin Derivative	d f g Security	Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following	e s ally g	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership (Instr. 4)	
Derivative Security	Conversion or Exercise Price of Derivative	Date	Execution D if any	Year) C	ransa Code (I	Instr.	Derivativ Securitie Acquired or Dispo of (D) (In: 3, 4 and !	e ss I (A) sed str.	6. Date Ex Expiration (Month/Da	ercisa Date y/Yea	able and	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 an	d f Security nd 4) Amount or Number	Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported Transacti	e es ally g i ion(s)	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership (Instr. 4)	
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution D if any	Year) C	ransa Code (I	Instr.	Derivativ Securitie Acquired or Dispo of (D) (In: 3, 4 and 9	e ss I (A) sed str.	6. Date Ex Expiration (Month/Da	ercisa Date Dy/Yea	able and ar) expiration ate	7. Title an Amount of Securities Underlyin Derivative (Instr. 3 an Title	g Security d 4) Amount or Number of Shares	Derivative Security (Instr. 5)	derivative Securitie: Beneficia Owned Following Reported Transacti (Instr. 4)	e e e e e e e e e e e e e e e e e e e	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
Stock Equivalent Unit Purchased Restricted Stock	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution D if any	Year) C	ransa Code (I	Instr.	Derivativ Securitie Acquired or Dispo of (D) (In: 3, 4 and 9	e ss I (A) sed str.	Date Expiration (Month/Da	ercisas Date Date EDD	expiration (3)	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 au	Security of Number of Shares	Derivative Security (Instr. 5)	derivative Securitie: Beneficial Owned Following Reported Transacti (Instr. 4)	e s s s s s s s s s s s s s s s s s s s	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Reflects Units under the Company's deferred compensation plan resulting from deferral of compensation and the 25% premium contributed by the Company on such Units. Units contributed by the Company are subject to vesting based on continued employment through December 31, 2020.
- 3. The Units are payable in Common Stock upon earlier of termination of employment or January 1 following retirement.
- 4. The amount reported has been reduced by an aggregate of 3.558 shares that were reversed from the reporting person's DCP account due to an error in the calculation of the Company match by the DCP administrator.
- 5. The Purchased Restricted Stock Units ("PRSUs") convert to Common Stock on a one-for-one basis.

/s/ Nanci Prado, attorney in fact 12/02/2019

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.