FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinatan	D	20E 40
Washington,	D.C.	20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL
OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0362							
Estimated average burden							
hours por rosponso:	1 0						

Form 3	Holdings Rep	orted.												Lilot	uis pei ie	sponse.		1.0
Form 4	Transactions	Reported.	F	iled pursuant or Secti					ities Excha ompany Ad			34						
1. Name and Address of Reporting Person* DUCKER MICHAEL L			INTE	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]					(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					ier			
(Last) 521 WES	(F ST 57TH S	,	(Middle)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018							Officer (give title Oi below)					ecify	
(Street) NEW Y(10019 (Zip)	4. If Ame	ndment,	Date o	Origina	al Filed	d (Month/E	Day/Yea	r)	Line	Y Form fi	led by O led by M	up Filing one Repo	orting Pe	erson	
		Tab	le I - Non-Deri	ivative Se	curitie	s Ac	quired	l, Dis	sposed	of, or	Ben	eficiall	y Owned					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		Execution I			ransaction (D) (Instr. 3, 4 and 5) ode (Instr.			posed Of	sed Of S. Amount of Securities Beneficially Owned at end of		6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership					
			(Month/Day	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		А	Amount (A		(A) or (D)	Price	e	Issuer's Fiscal Year (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)		
		-	Table II - Deriv (e.g.,	ative Secu puts, call									Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Derivat Securit Acquire or Disp of (D) (I	Number of Perivative ecurities (A) r Disposed f (D) (Instr., 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Secu Unde Deriv	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)				ber of ive ies cially ing ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercis	sable	Expiration Date	n Title		Amount or Number of Shares			(Instr. 4)			
Stock Equivalent	(1)	12/31/2018		A	96.87 ⁽²⁾		(3)		(3)	Com	mon ock	96.87	\$0.0000	5,20	14.87	D		

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Reflects the aggregate of fractional Units acquired during the period upon reinvestment of dividends under the Company's deferred compensation plan during 2018. The transactions were exempt pursuant to Rule 16a-11.
- 3. The Units are payable in Common Stock upon retirement or termination of directorship.

/s/ Nanci Prado, attorney in fact 02/14/2019

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.