FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* DAVIDSON CAROL ANTHONY					IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]								ck all applic Directo	able) r	Person(s) to Is	wner	
(Last) 521 WES	(Fi ST 57TH ST	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/04/2023								below)	(give title	below	(specify	
(Street) NEW YORK NY 10019					4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	, and the second	(Zip)	Doriv		Chec the a	ck this bo	x to indic e defense	ate that a to	ansac of Ru	le 10b5-1(c	ade pursuant). See Instruc	ction 10.	•	ı or written pla	an that is intende	d to satisfy	
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D				saction	action 2A. E Exec Day/Year) if any		2A. Deemed Execution Date,		3. Transaction Code (Instr. 5)		ties Acquired (A) or I Of (D) (Instr. 3, 4 and		5. Amour Securitie Beneficia	nt of 6. 0 es For (D) following (I) (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	ion(s)		(msu. 4)	
Common Stock													255		D			
			Table II - [or Bene de secu		Owned				
Derivative Conversion Da		3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Deemed Execution E if any (Month/Day/		ate,		ransaction ode (Instr. Sec Ac or of		Derivative E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownersh Form: Direct (D or Indirect (I) (Instr.	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisat		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Restricted Stock Units	(1)	05/04/2023			D			1,245	05/04/202	23	05/04/2023	Common Stock	1,245	\$0.0000(2)	0.0000	D		
Stock Equivalent Unit	(3)	05/04/2023			A		1,245		(4)		(4)	Common Stock	1,245	\$0.0000(2)	2,350.79	3 D		

Explanation of Responses:

- 1. The Restricted Stock Units ("RSUs") convert to Common Stock on a one-for-one basis.
- 2. Upon the vesting of RSUs on May 4, 2023, the reporting person deferred the receipt of 1,245 shares of Common Stock and received instead 1,245 Stock Equivalent Units ("Units") pursuant to the Company's deferred compensation plan.
- 3. The Units convert to Common Stock on a one-for-one basis.
- 4. The Units are payable in Common Stock upon the earlier of the reporting person ceasing to serve as a member of the Company's Board of Directors or January 1 following retirement.

/s/ Jennifer Johnson, attorney in 05/05/2023 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.