FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HUETHER JAMES P (Last) (First) (Middle) INTERNATIONAL FLAVORS & FRAGRANCES INC.							Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF] 3. Date of Earliest Transaction (Month/Day/Year) 11/17/2004								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Corporate Controller				
521 W. 57TH STREET (Street) NEW YORK NY 10019 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	on-Deri	vative	e Se	curit	ies Ac	quired	d, Di	sposed o	f, or Be	neficia	lly Owne	d				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day)						r) E	any	ned on Date, Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			Benefi Owned	es Forr ally (D) (Following (I) (II		n: Direct or Indirect ostr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price		ed ction(s) 3 and 4)			(Instr. 4)				
Common Stock 11/17/20)04			М		3,500	A	\$32.18	75 4	,736		D		
Common Stock 11/17/20						004			M		4,475	A	\$17.93	75 9	,211		D		
Common Stock 11/17/20						004			M		12,000	A	\$27.	1 2	1,211		D		
Common Stock 11/17/20)04			S		18,375	D	\$40.99	65 2	,836		D		
		-	Table II								posed of, convertil			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	ned n Date,	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercis Expiration Date (Month/Day/Yea		isable and	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares						
Options (Right to Buy)	\$32.1875	11/17/2004			М			3,500	(1)		05/18/2010	Common Stock	3,500	\$0.00	0		D		
Options (Right to Buy)	\$17.9375	11/17/2004			М	4,475		4,475	(2)		(3) Common Stock 4,4		4,475	\$0.00	0		D		
Options (Right to	\$27.1	11/17/2004			М			12,000	(4)		05/16/2011	Common Stock	12,000	\$0.00	0		D		

Explanation of Responses:

- 1. The options vest in 3 equal annual installments beginning May 18, 2001.
- 2. The options vest in 4 equal installments each based on the Company's Common Stock achieving certain pre-established price targets.
- $3. \ The \ earlier \ of \ 11/14/07 \ or \ six \ months \ and \ one \ day \ after \ the \ Company's \ Common \ Stock \ achieves \ a \ pre-established \ price \ target.$
- 4. The options vest in 3 equal annual isntallments beginning May 16, 2002.

Jodie Simon Friedman, 11/17/2004 Attorney-in-fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.