## SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

SCHEDULE 13D

UNDER THE SECURITIES EXCHANGE ACT OF 1934 (AMENDMENT NO. 6)\*

International Flavors & Fragrances Inc.	
(NAME OF ISSUER)	
Common Stock \$.12-1/2 par value	
(TITLE OF CLASS OF SECURITIES)	
459506 10 1	
(CUSIP NUMBER)	

George Rowe, Jr., One Rockefeller Plaza, New York, N.Y. 10020 (Tel. 212-586-0700)

> (NAME, ADDRESS AND TELEPHONE NUMBER OF PERSON AUTHORIZED TO RECEIVE NOTICES AND COMMUNICATIONS)

August 9, 1996

(DATE OF EVENT WHICH REQUIRES FILING OF THIS STATEMENT)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(b)(3) or (4), check the following box / /.

Check the following box if a fee is being paid with the statement / /. (A fee is not required only if the reporting person: (1) has a previous statement on file reporting beneficial ownership of more than five percent of the class of securities described in Item 1; and (2) has filed no amendment subsequent thereto reporting beneficial ownership of five percent or less of such class.) (See Rule 13d-7.)

NOTE: Six copies of this statement, including all exhibits, should be filed with the Commission. See Rule 13d-1(a) for other parties to whom copies are to be sent.

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

(Continued on following page(s))

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NAME OF REPORTING PERSON S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON

1

George Rowe, Jr.

2	CHECK THE AP	PROPRIA	TE BOX IF A MEMBER OF A GROUP*	(a) / / (b) /x/		
3	SEC USE ONLY					
4	SOURCE OF FU					
	NOT APPLICA					
5						
6	CITIZENSHIP	OR PLAC	E OF ORGANIZATION			
	U.S.A.					
	NUMBER OF		SOLE VOTING POWER			
	SHARES		403,750			
BE	NEFICIALLY	8	SHARED VOTING POWER			
	OWNED BY		10,362,678			
	EACH		10,002,0.0			
	REPORTING	9	SOLE DISPOSITIVE POWER			
	PERSON		403,750			
	WITH	10	SHARED DISPOSITIVE POWER			
			10,362,678			
11	AGGREGATE A	MOUNT E	ENEFICIALLY OWNED BY EACH REPORTING P	ERSON		
	10,766,428					
12 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (11) EXCLUDES // CERTAIN SHARES*						
			PRESENTED BY AMOUNT IN ROW (11)			
	9.7%					
 14	TYPE OF REPO	RTING P	ERSON*			
	IN					
		*5	EE INSTRUCTIONS BEFORE FILLING OUT!			

## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Schedule 13 D

Under the Securities Exchange Act of 1934

Check the following box if a fee is being paid with this

statement. / /

Item 1 Security and Issuer

Common Stock \$.12-1/2 par value

International Flavors & Fragrances Inc. 521 West 57th Street
New York, New York 10019

Item 2 Identity and Background

(a) Name of Person Filing:

George Rowe, Jr.

(b) Residence or Business Address

One Rockefeller Plaza New York, New York 10020

(c) Present principal occupation or employment and the name, principal business and address of any corporation or other organization in which such employment is conducted;

Lawyer - Fulton, Duncombe & Rowe One Rockefeller Plaza New York, NY 10020

(d) Whether or not, during the last five years, such person has been convicted in a criminal proceeding (excluding traffic violations or similar misdemeanors) and, if so, give the dates, nature of conviction, name and location of court, any penalty imposed or other disposition of the case;

No

(e) Whether or not, during the last five years, such person was a party to a civil proceeding of a judicial or administrative body of competent jurisdiction and as a result of such proceeding was or is subject to a judgment, decree or final order enjoining future violations of, or prohibiting or mandating activities subject to, federal or state securities laws or finding any violation with respect to such laws; and, if so, identify and describe such proceedings and summarize the terms of such judgment, decree or final order, and

No

Item 2 (f) Citizenship:

U.S.A.

Item 3 Source & Amount of Funds or Other Consideration

Not applicable.

Item 4 Purpose of Transaction

See Item 5(c) below.

Item 5 Interest in Securities of the Issuer

(a) Amount Beneficially Owned

10,766,428

Percent of Class

9.7%

- (b) Number of shares as to which such person has:
  - (i) sole power to vote or to direct the vote: 403,750
  - (ii) shared power to vote or to direct the vote: 10,362,678
  - (iii) sole power to dispose or to direct the disposition
     of: 403,750
  - (iv) shared power to dispose or to direct the disposition of: 10,362,678
- (c) Describe any transactions in the class of securities reported on that were effected during the past sixty days or since the most recent filing on Schedule 13D (Section 240.13d-191), whichever is less, by the persons named in response to paragraph (a).

On August 9, 1996, a trust under the will of A.L. van Ameringen for the benefit of his wife, Hedwig A. van Ameringen, of which the undersigned is one of the trustees, distributed 2,000,000 shares to five charitable foundations, as a consequence of which the undersigned ceased to be the beneficial owner as defined in Rule 13d-3 of 1,200,000 such shares. In addition, that trust sold 176,400 shares since July 9, 1996, the date of the undersigned's last filing on Schedule 13D, at prices ranging from \$41.75 to \$45.00 per share, in transactions effected through a broker on the New York Stock Exchange, such sales being occasioned by the death of Mrs. van Ameringen on April 27, 1996 and the consequent need for funds for death taxes and expenses. Further such sales will be required in the future to meet such need.

(d) If any other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, such securities, a statement to that effect should be included in response to this item and, if such interest relates to more than five percent of the class, such person should be identified. A listing of the shareholders of an investment company registered under the Investment Company Act of 1940 or the beneficiaries of an employee benefit plan, pension fund or endowment fund is not required.

Persons other than the undersigned have the right to receive dividends from, or the proceeds from the sale of, the securities (except for 3,000 shares) listed in Item 5 (a) and (b).

	Securities Of The Issuer				
Item 7	None Material To Be Filed as Exhibits				
	None				
Signature					
After reasonable inquiry and the best of my knowledge and belief, I certify that the information set forth in the statement is true, complete and correct.					
August 16, 1996					
Date					
GEORGE ROWE, JR.					
Signature					
George Rowe, Jr.					
Name/Title					
JH2:Z1-Z2					

Contracts, Arrangements, Understandings

Or Relationships With Respect To

Item 6

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