FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasnington,	D.C.	20549

STATEMENT	OF CHANGES	S IN BENEFIC	IAL OWNERS	HIP

	OMB APPRO	OVAL
	OMB Number:	3235-0287
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	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* DUNSDON JAMES H				2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
DUNSDON JAMES II					FRAGRANCES INC [IFF]											Offi			10% Ov Other (s	
(1 a a t)	/F:												X belo	er (give title w)		below)	specify			
(Last) (First) (Middle)					Date of Earliest Transaction (Month/Day/Year)									\dashv		Vice I	Presid	lent		
INTERNATIONAL FLAVORS & FRAGRANCES INC.						10/30/2003														
521 WEST 57TH STREET					4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)					10/3	31/20	JU3								- 1	X Form filed by One Reporting Person				
NEW YO	ORK N	Υ :	10019													Form filed by More than One Reporting Person				
(City)	(St	tate) ((Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					ay/Year) Execution			ution Date,		r, Transaction Dispo		Dispose	curities Acquired (A sed Of (D) (Instr. 3,		d (A) or r. 3, 4 and	d Secu Bene Owne	ecurities For Exemple For Formula Following (I)		i. Ownership Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
						Code V			v	Amount	nount (A) or (D)		Price	Trans	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/\	ate, Tra	Transactio				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivativ Security (Instr. 5)		s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode	v	(A)	(D)	Date Exerc	cisable	Ex Da	piration te	Title	C	Amount or lumber of Shares					
Stock Equivalent Unit	(1)	10/30/2003	10/31/200)3	A		156		((2)		(2)	Comm Stock		156	\$32.36	6,093		D	

Explanation of Responses:

- 1. The Stock units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 31 of the acquired Units are subject to vesting based on employment through December 31, 2004.

Dennis M. Meany, Attorney-in11/20/2003 <u>fact</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.