FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							()				1									
1. Name and Address of Reporting Person* MEANY DENNIS M					IN	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS &									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
METATO M					FR	FRAGRANCES INC [IFF]									Direct	or r (give title		Other (·	
															X below			below)	specify	
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year)									Sei	nior VP, G	C &	Secretary			
521 WEST 57TH STREET			06/	06/15/2006										,		,				
-					4 If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6 Ir	6. Individual or Joint/Group Filing (Check Applicable					
(Street)					"	4. If Amendment, Date of Original Filed (Month/Day/Teal)									Line)					
NEW Y	ORK N	Y	10019											:	X Form	filed by One	Rep	orting Perso	n	
															Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)												Perso	n				
(0.1.)			(=-P)		<u> </u>															
		Tab	le I - Nor	າ-Deriv	ative	Se	curitie	es A	cquired,	Dis	posed	of, or B	enet	ficial	ly Owne	d				
1. Title of	Security (Ins	tr. 3)		2A. Deer		3.		4. Secu	rities Acqu	ired (/	A) or	5. Amo	unt of 6. C			7. Nature				
Date)av/Ye	Execution I				Transaction Dispose Code (Instr. 5)			nstr. 3	, 4 and	Securit Benefic				of Indirect Beneficial	
(Monthib						(Month/D									Owned	Following (i) (i		Instr. 4)	Ownership	
									Code	v	Amoun	, (A) or		Price	Reporte Transac	ction(s)			(Instr. 4)	
									Code	Ľ	Amoun	(D)		riice	(Instr. 3	and 4)				
		Т	able II - I	Derivat	ive S	Secu	ırities	Aco	uired. C	ispo	sed of	. or Be	nefic	ially	Owned					
									s, optio											
1. Title of	2.	3. Transaction	3A. Deeme Execution	Date,	4. Transaction		5 Nu	mber	6. Date Exercisa		hle and	7. Title and			8. Price of	9. Number o	of	10.	11. Nature	
Derivative	Conversion	Date					n of		Expiration	tion Date		Amount of			Derivative	derivative		Ownership	p of Indirect	
Security or Exercise (Month/Day/Year) if any (Month/Day/Year)					Code (I 8)	Instr.	r. Derivative Securities		(Month/Da	Securitie Underlyi			Security (Instr. 5)	Securities Beneficially		Form: Direct (D)	Beneficial Ownership			
Derivative Security							Acqu	Acquired		Derivative Secur					,,	Owned Following		or Indirect	(Instr. 4)	
						(A) or Disposed of (D) (Instr. 3, 4			(Instr. 3 and 4)							Reported Transaction(s) (Instr. 4)		(I) (Instr. 4)		
							and 5)							(11150.4)						
												Am	ount							
													or	nber						
									Date		xpiration		of							
				'	Code	٧	(A)	(D)	Exercisab	le D	ate	Title	Sha	res						
Stock Equivalent	\$0 ⁽¹⁾	06/15/2006	06/16/2	006	A		59		(2)		(2)	Common Stock	5	9	\$35.29	3,250		D		
Unit	l ''	1	I	- 1				1		- 1		Stock	1			1	- 1			

Explanation of Responses:

- 1. The Stock Units ("Units") convert to Common Stock on a one-for-one basis.
- 2. Units under the Company's deferred compensation plan resulting from (a) deferral of compensation and Company match (in shares), (b) premium (in shares) to participants deferring compensation into Units and (c) dividends (in shares) on Units. 12 of the acquired Units are subject to vesting based on employment through December 31, 2007.

Remarks:

Dennis M. Meany

06/16/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.