FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20349

STATEMENT	OF CHANGE	S IN BENEFIC	CIAL OWNER	SHIP

OMB Number:	3235-0287
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OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HEASLIP STEVEN J					<u>INT</u>	2. Issuer Name and Ticker or Trading Symbol INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]									neck all ap Dire	,	:	, 10% O	
(Last) (First) (Middle) 521 WEST 57TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/09/2006									^ belo			below)		
(Street) NEW YC (City)			.0019 Zip)		4. If A	Line) X Form file							n filed by One	Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (Disposed Of (D) (Instr. 3)				Secur Benet Owne	5. Amount of Securities Beneficially Owned Following Reported		ship ect irect I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	() ()	A) or D)	Price	Trans	action(s) 3 and 4)		(msu. 4		
Common Stock			05/09/	2006			A		23,333	(1) A		\$18	3 2	28,684					
		Та									sed of, onvertib				Owned				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date Execution Date Execution Date Conversion Onto Date Conversion C		Date,	4. Transaction Code (Instr. 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	(D) irect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber					

Explanation of Responses:

1. Purchased Restricted Stock, all of which will vest on May 9, 2009.

Remarks:

By: Dennis Meany, attorney in fact 05/10/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.